

San Leandro Police Department
Traffic Division
Quarterly Training Outline
Column Ride

I. Introduction (1100-1110) 10 min.

A. Safety Guidelines

1. Equipment
2. First Aid
3. Location of nearest hospital

II. Departmental Issued Motorcycle (1110-1130) 20 min.

A. Motorcycle Check

1. Safety check of all working parts
2. Proper oil/air etc...
3. Motorcycle is in good working order

III. Practical Exercise (1130-1330) 2 hrs.

A. Column Ride

1. Formation
2. Spacing
3. Entering/Exiting Freeway
4. Lane Changes
5. Holding/Clearing Intersections

