



# PEP

**San Leandro Senior Commission  
presents**

## *Personal Emergency Preparedness For Seniors and Caregivers*

Families or loved ones may not be together in an emergency, so it is important to plan in advance. Attend this highly informative workshop to learn how to be better prepared as an individual or family. Discussions will be on how to make a family plan, build an emergency kit and what items should be included and the proper way to store it.

*Presented by Alameda County Fire Department staff.*

**Every registrant will receive a FREE *Get Ready* bag  
courtesy of the San Leandro Senior Commission  
(*ECA Bay Area Mini Award recipient*).**

Date	Time	Location	Course #
Tue, Sep 11	6:00pm - 8:00pm	Senior Community Ctr	13895
Thu, Sep 20	1:00pm - 3:00pm	Senior Community Ctr	13896



San Leandro Senior Community Center  
13909 East 14<sup>th</sup> Street, San Leandro, CA 94578

**Space is limited; pre-register by calling Customer Service.  
Customer Service (510) 577-3462**