Commissions

- Arts Commission
  Meets at 6:30pm the 4th Wednesday of each month in the South Office Conference Room.
  Suzanne Pershing, Chair • Nancy Gonchar, Vice Chair • Dr. Dana Chohlis
  Brian Copeland • Ericka Garcia • Terry Guillory • Dina Herrera
  David Moragne Jr. • Martin Wong

- Human Services Commission
  Meets at 7:00pm the 4th Wednesday of each month in the Sister Cities Gallery at City Hall.
  Victor Aguilar, Chair • Alice Sarafian, Vice Chair • Arleen Carino
  Amy Cassidy • Don Lancaster • Pedro Naranjo • Bose Onyemem
  Kathy Sanchez • Susan Snell

- Recreation & Parks Commission
  Meets at 7:00pm the 1st Wednesday of each month in the Sister Cities Gallery at City Hall.
  Cindy Barreto, Chair • Allen Schoenfeld, Vice Chair • Hermy Almonte
  Mike Bolar • Justin Hutchison • Ed Shapiro • Chike Udemezue
  Tom Wagner • Litha Zuber

- Senior Commission
  Meets at 10:00am the 3rd Thursday of each month at the Senior Community Center.
  Janice Woycheshin, Chair • Bella Comeolo, Vice Chair • David Anderson
  Darlene Daevu • Katherine Frates • Mary Jo Knuven
  Claudia McHenry • Fred Simon • Kimberly Tamura

- Youth Advisory Commission
  Meets at 6:00pm the 1st & 3rd Tuesday of each month at the Marina Community Center.
  Dason Lam, Chair • Carlos Sanchez, Co-Chair • Angel Brown
  Adryanna Cortez • Lorenzo Gonzalez • Neha Gupta • Michael Hyuhn
  Leila Inocentes • Michelle Li • Geoffrey Luong • Tiffany Ma • Joanne Miao
  Ify Nneji • Liana Marie Parrish • Christian Paulisch • Vannessa Payton Isabella
  Rodriguez • Celia Xie • Andrew Yu • Kelly Zhao

City Council

Meets at 7:00pm the 1st & 3rd Monday of each month in the City Council Chambers at City Hall.

Pauline Russo Cutter • Mayor
Deborah Cox • Vice Mayor • District 1
Ed Hernandez • District 2
Lee Thomas • District 3
Benny Lee • District 4
Corina N. López • District 5
Pete Ballew • District 6

Jeff Kay, City Manager

Staff

Recreation & Human Services Director • Jeanette Dong.................................577-3466
Recreation & Human Services Manager • Ely Hwang.......................................577-3463
Administrative Assistant • Pauline Tabilang..................................................577-3461
Aquatics • Marie Levesque, Recreation Supervisor...........................................577-3467
Customer Service & Contract Classes • Erwin Gonzales, Recreation Supervisor.....577-6046
Facilities & Parks • Jasmine Bateson, Recreation Supervisor............................577-6081
Senior Services........................................................................................................577-6079
Teens, Sports & Fields • Lydia Rodriguez, Recreation Supervisor........................577-3477
Youth • Donté Watson, Recreation Supervisor..................................................577-3473

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Customer Service Locations and Times

Marina Community Center (MCC)
15301 Wicks Blvd. • San Leandro, CA 94579
Phone: 577-6080 • Customer Service Phone: 577-3462
Customer Service Hours: Monday - Friday • 11:30am - 7:00pm
Saturday • 10:00am - 2:00pm

Senior Community Center (SCC)
13909 E. 14th St. • San Leandro, CA 94578
Phone: 577-7990 • Customer Service Phone: 577-3462
Customer Service Hours:
Monday - Friday • 8:30am - 5:00pm
Pumpkin SPLASH!
Friday, October 26
SL Family Aquatic Center
Join us at our second Pumpkin Splash as we transform the SL Family Aquatic Center into a floating pumpkin patch! Participants will have 1 hour and 30 minutes to jump into our city pool and pick their perfect pumpkin that they will get to take home. **Children under the age of 6 must be within an arm’s reach of an adult at all times.**
Pre-registration is required.
Course #: 13771
Cost: $12 per participant ages 5-17

Senior Resource Fair & Flu Shot Clinic
Friday, October 12 • 10:00am - 1:00pm
Senior Community Center
Information-packed day with resource and information booths, educational presentations, free health checks, and much more! Open to anyone interested in resources available for seniors. Community Resource Vendor Applications will be available at the Senior Community Center, Marina Community Center, and online at [www.sanleandro.org](http://www.sanleandro.org). Nurses from Sutter Care at Home will be onsite to administer flu shots. Drop-in clinic. No appointment. Open to all ages.
Flu Shot Fee: FREE if you have Medicare Part B with no HMO affiliation; $5 for all others.

A Celebration of Día De Los Muertos
Friday, November 2 • 10:00am - 11:30am
Senior Community Center • Main Hall B
Enjoy this traditional Day of the Dead celebration with entertainment, activities and light refreshments. Free event; pre-registration is required. *Disfrute este día tradicional de el Día de los Muertos tendremos entrenimiento, actividades, y bocadillos. El evento es gratis; se require registracion.*
Course #: 13784

Senior Thanksgiving Luncheon
Wednesday, November 21 • 11:00am - 1:00pm
Celebrate the Thanksgiving holiday at this heart-warming San Leandro tradition! Reservations for this event will start on Friday, October 5 at 9:00am at the Senior Community Center and at 11:30am at the Marina Community Center. Register before October 12 to be entered into a grand prize drawing. Group reservations will begin on Friday, October 12, based on space availability. There is a two-seat limit per person for this event. **Reservations are nonrefundable.**
Fee: $7(R)/$9(IN)
Course #: 13469 • MCC
Course #: 13470 • SCC

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**POOCH POOL PARTY!**
**Wednesday, September 12**
San Leandro Family Aquatic Center

$3 per dog with pre-registration • $5 per dog at the door
Let your pooch splash and play at this dog-only pool party to end our summer season. In addition to a lot of doggone fun, your pooch will get to experience the water and exercise at the same time. Humans will not be allowed in the pool. Additional rules and waiver (required upon pool entry) can be found at: [www.sanleandro.org](http://www.sanleandro.org)
Course #: 13723 • 5:15pm - 6:15pm (max 50)
Course #: 13724 • 6:30pm - 7:30pm (max 50)

**WEEKLY FARMERS’ MARKET THEMES:**
1st Wed • Cooking Demonstrations
2nd Wed • Green Market Days  
*Sponsored by San Leandro Recycling*
3rd Wed • Family Entertainment
4th Wed • Wine Tasting  
*Sponsored by the San Leandro Downtown Association*
A Celebration of Dr. Martin Luther King, Jr.

Oratorical Festival and Poetry Slam

Monday, January 21 • 10:30am - 1:00pm • Senior Community Center

San Leandro students will be performing an original or well-known essay, speech, or poem honoring Dr. Martin Luther King, Jr. and celebrating his message of peace, tolerance, and social justice. All San Leandro students in grades 3 - 12 are invited to participate. Students can win gift card prizes, made possible by the San Leandro Optimist Club. Entry forms are available online at www.sanleandro.org and are due by Friday, January 11th or until 25 entry forms are received. Crafts for the kids – Children are invited to make one-of-a-kind crafts to commemorate the special celebration. Enjoy free light refreshments. For more information, call 577-3473 or visit www.sanleandro.org for more information.
**SAN LEANDRO POLICE DEPARTMENT**

**Explorer Program**

**What it is:**
The Explorer Program is a team of students who have an opportunity to become exposed to the inner workings of law enforcement or other related topics, such as leadership and responsibility. Police department employees mentor the Explorers by teaching classes, holding trainings, going on ride alongs with officers/dispatchers and volunteering at community events. It is a year long program with extraordinary opportunities to learn about law enforcement!

**Enrollment Requirements:**
Applicants must be between the ages of 14 - 19 years of age at the time of applying.

**Cost:**
Absolutely no cost to join our program!

**Meeting Dates:**
Meetings are held every other Thursday from 6pm - 8pm at the San Leandro Police Department. (901 E 14th St)

**Applications:**
Applications are available at the front counter of the San Leandro Police Department or email us at Slpdexplorers@sanleandro.org

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**Friends of San Leandro Creek**

**Friends of San Leandro Creek Meetings**

Tuesdays • 6:30pm - 8:00pm
San Leandro Main Library
Refreshments provided

The Friends of San Leandro Creek is a group of individuals, students, families, and businesses dedicated to improving awareness and understanding of the San Leandro Creek Watershed. Our mission is to restore and enhance San Leandro Creek, to increase its potential as a visual and recreational amenity, to preserve its cultural and natural history, to make it an economically attractive resource and to promote a healthy environment for its native flora and fauna. The Friends sponsor many activities throughout the year. To learn more about our programs or to become a member, call 577-6069 or email creek@sanleandro.org.

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**No Drugs Down the Drain**

It’s important to properly dispose of expired or unused medications. Flushing drugs down the toilet or pouring them down the drain can contaminate waterways and harm aquatic life. You can do your part to keep pharmaceutical waste out of San Francisco Bay by properly disposing of them at one of the take-back locations. Medications should be packaged properly before dropping off. Remove all excess packaging e.g. bottles, boxes, and plastic wrap. Keep liquid medication and ointments in original containers. Consolidate all loose pills, liquid medication bottles, ointment tubes into a sealed plastic bag. Vitamins are not accepted. Disclaimer: Controlled substances such as Vicodin, Codeine, Valium, etc. are not accepted. Program is for household use only. For information on safe medicine disposal, call 577-6026 or visit us at www.recyclesanleandro.org.

**DROP OFF LOCATIONS:**

Davis Street Clinic • 3081 Teagarden St
Senior Community Center • 13909 E. 14th St
City of San Leandro Public Works • 14200 Chapman

For information visit www.RecycleSanLeandro.org or call the Recycling Program Hotline at (510) 577-6026.
TOT TIME  •  Age: 6 months - 3 years
Sign up for Tot Time and let your child enjoy their first aquatic experience. This class is great for water introduction and parent/child bonding. Participants will enjoy games as well as water safety lessons. Parents are to accompany their children in the pool. If children are not potty-trained, they must wear leak-proof diapers.

TINY TOTS  •  Age: 3 - 5 years
This class is designed to teach basic water skills, breath holding, floating, jumping in, and more depending upon the child’s swimming interest and ability. Children have a great time learning new skills while building up their confidence in and around water. Parents do not accompany children into the pool.

BEGINNER SWIM  •  Age: 6 - 14 years
This class will increase your child’s confidence in the water and create a solid swimming foundation. The class emphasizes the basics, including floating and kicking on both front and back, alternating arm action, rhythmic breathing, combined stroke on front and back, turning over front to back and back to front, water safety moves, and how to get help in an emergency. This class is for children entering levels 1 or 2 with little or no swimming experience and those with a level 1 card or equal skill.

PRIVATE LESSONS  •  Age: 3 years & up
A private swim lesson is designed to help identify and focus on a specific skill needing improvement, with individualized instruction.

COMPETITIVE SWIM PRACTICE  •  Age: 6 - 14 years
Prepare your child for the world of competitive swimming while promoting a healthy lifestyle choice! Lesson emphasis is on starts, turns, endurance, concentration, and stroke correction.
Prerequisite: Strong knowledge of Freestyle and Backstroke and basic understanding of Breaststroke and Butterfly. Ability to swim 50 yards of Freestyle while breathing to the side and 50 yards of Backstroke.

EXCEPTIONAL NEEDS  •  Age: 6 - 14 years
Swim lessons for elementary school-aged children who are physically or mentally disabled. Parents must enter the water with the student. This class offers opportunities for parent/child bonding while your child develops new skills in the water.

ADULT SWIM LESSONS  •  Age: 15 years & up
Adult instruction is offered for swimmers of all skill levels. Instruction is offered based on your skill level which will allow you to build your self-confidence along with your swimming skills.
Adult Recreational Swim
Age: 16 years & up

Use this time to do your own exercises, some water walking or light swimming widthwise.

Fri...........................................................8:30am - 9:30am
Sat........................................................9:15am - 10:30am

Cost: $5 or Swim Ticket/10 swims for $45

Waitlist Alert
If the course you’re interested in is full, place yourself on the waitlist. We will open more classes for waitlist applicants as they fill.

Adult Lessons
Age: 15 years & up

Adult instruction is offered for swimmers of all skill levels.

<table>
<thead>
<tr>
<th>8 Classes</th>
<th>Mon &amp; Wed</th>
<th>$75(R) / $85(N)</th>
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<tr>
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<td>Sep 17 - Oct 10</td>
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<td>#13642</td>
<td>Oct 15 - Nov 7</td>
<td>8:30am - 9:15am</td>
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<tr>
<td>#13643</td>
<td>Nov 14 - Dec 12* (No class Nov 19 &amp; 21)</td>
<td>8:30am - 9:15am</td>
</tr>
<tr>
<td>#13644</td>
<td>Jan 7 - Jan 30* (No class Jan 21)</td>
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<table>
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<th>8 Classes</th>
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<td>#13646</td>
<td>Oct 16 - Nov 8</td>
<td>7:00pm - 7:45pm</td>
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<td>#13647</td>
<td>Nov 13 - Dec 13 (No class Nov 20 &amp; 22)</td>
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<td>#13650</td>
<td>Oct 20 - Nov 17 (No class Nov 10)</td>
<td>8:30am - 9:15am</td>
</tr>
<tr>
<td>#13651</td>
<td>Dec 1 - Dec 15*</td>
<td>8:30am - 9:15am</td>
</tr>
<tr>
<td>#13652</td>
<td>Jan 12 - Feb 2</td>
<td>8:30am - 9:15am</td>
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</table>

Lap Swim
Get in shape or develop your swimming skills at your own pace. We supply the water, kick boards, pull-buoys and lifeguards while you supply the energy. All swimmers must make an attempt to be continuously swimming.

Mon, Wed & Fri........................................6:30am - 8:30am
Mon & Wed...........................................5:00pm - 6:30pm
Tue & Thu............................................5:00pm - 7:00pm
Sat....................................................10:30am - 12:30pm

Cost: $5 or Swim Ticket/10 swims for $45

Aqua Exercise
Age: 18 years & up

Focusing on gentle exercise to increase core strength and flexibility, this class is designed especially for those with mobility issues such as arthritis and joint problems. No swimming skills necessary, class takes place in the shallow area of pool. Instructor: Stephanie Turner

<table>
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<th>12 Classes</th>
<th>Mon, Wed &amp; Fri</th>
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<td>#13573</td>
<td>Oct 15 - Nov 9</td>
<td>9:30am - 10:30am</td>
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<td>#13574</td>
<td>Nov 14 - Dec 14* (No class Nov 19, 21, 23)</td>
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<td>#13575</td>
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<td>#13577</td>
<td>Oct 15 - Nov 9</td>
<td>9:30am - 10:30am</td>
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<tr>
<td>#13578</td>
<td>Nov 14 - Dec 14* (No class Nov 19, 21, 23)</td>
<td>9:30am - 10:30am</td>
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<tr>
<td>#13579</td>
<td>Jan 7 - Feb 1* (No class Jan 21)</td>
<td>9:30am - 10:30am</td>
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</tbody>
</table>

Aqua Aerobics
Age: 16 years & up

Get and stay fit with this fun, water exercise class! Work all your major muscle groups using the water as resistance. No swimming skills necessary. Class is held at the shallow end of the pool. Instructor: Adrienne Means

<table>
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<th>8 Classes</th>
<th>Mon &amp; Wed</th>
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<td>Jan 7 - Jan 30* (No class Jan 21)</td>
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<td>#13659</td>
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<td>#13660</td>
<td>Jan 7 - Jan 30* (No class Jan 21)</td>
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</tbody>
</table>

Aquatics Refund Policy
Cancellations or transfers for aquatic classes and programs will be honored 7 days prior to the first class.
Tot Time  Age: 6 months - 3 years
Parents are to accompany their children in the pool. Children not potty-trained are required to wear leak-proof diapers.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Start Date</th>
<th>Time</th>
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<td>(No class Nov 10)</td>
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<td>#13659</td>
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<tr>
<td>#13660</td>
<td>Jan 12 - Feb 2</td>
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Tiny Tots  Age: 3 - 5 years
Parents do not accompany children into the pool.

<table>
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<td>(No class Nov 10)</td>
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Beginner Swim  Age: 6 - 14 years
This class is for children entering levels 1 or 2.

<table>
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Intermediate Swim  Age: 6 - 14 years
This class is for children entering levels 3 or 4.

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<tr>
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### San Leandro Family Aquatic Center

#### Competitive Swim Practice
**Age: 6 - 14 years**

<table>
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<tr>
<td>#13772 Sep 17 - Oct 10 5:00pm - 5:55pm</td>
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<tr>
<td>#13773 Oct 15 - Nov 7 5:00pm - 5:55pm</td>
</tr>
<tr>
<td>#13774 Nov 14 - Dec 12* (No class Nov 19 &amp; 21) 5:00pm - 5:55pm</td>
</tr>
<tr>
<td>#13775 Jan 7 - Jan 30* (No class Jan 21) 5:00pm - 5:55pm</td>
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<table>
<thead>
<tr>
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<tr>
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<tr>
<td>#13777 Oct 16 - Nov 8 6:00pm - 6:55pm</td>
</tr>
<tr>
<td>#13778 Nov 13 - Dec 13 (No class Nov 20 &amp; 22) 6:00pm - 6:55pm</td>
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<tr>
<td>#13782 Dec 1 - Dec 15* 2:05pm - 3:00pm</td>
</tr>
<tr>
<td>#13783 Jan 12 - Feb 2 2:05pm - 3:00pm</td>
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#### Exceptional Needs
**Age: 6 - 14 years**

Individual swim lessons for elementary school-aged children who are physically or mentally disabled. Parents must enter the water with the student. This class offers opportunities for parent/child bonding while your child develops new skills. The student/instructor ratio is four students to one instructor.

<table>
<thead>
<tr>
<th>8 Classes • Tue &amp; Thu • $75(R) / $85(N)</th>
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<tr>
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<td>#13736 Oct 16 - Nov 8 7:00pm - 7:30pm</td>
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#### Private Lessons
**Age: 3 years & up**

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<td>#13667 Oct 15 - Oct 24 6:00pm - 6:25pm</td>
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<td>#13668 Oct 29 - Nov 7 6:00pm - 6:25pm</td>
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<td>#13670 Dec 3 - Dec 12 6:00pm - 6:25pm</td>
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<td>#13671 Jan 7 - Jan 16 6:00pm - 6:25pm</td>
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<td>#13672 Jan 23 - Jan 30* 6:00pm - 6:25pm</td>
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<table>
<thead>
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<th>4 Classes • Tue &amp; Thu • $75(R) / $85(N)</th>
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</thead>
<tbody>
<tr>
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<td>#13674 Oct 2 - Oct 11 5:00pm - 5:25pm</td>
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<td>#13675 Oct 16 - Oct 25 5:00pm - 5:25pm</td>
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<tr>
<td>#13676 Oct 30 - Nov 8 5:00pm - 5:25pm</td>
</tr>
<tr>
<td>#13677 Nov 13 - Nov 29 (No class Nov 20 &amp; 22) 5:00pm - 5:25pm</td>
</tr>
<tr>
<td>#13678 Dec 4 - Dec 13 5:00pm - 5:25pm</td>
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<td>#13679 Jan 8 - Jan 17 5:00pm - 5:25pm</td>
</tr>
<tr>
<td>#13680 Jan 22 - Jan 31 5:00pm - 5:25pm</td>
</tr>
</tbody>
</table>

#### Waitlist Alert
If the course you’re interested in is full, place yourself on the waitlist. We will open more classes for waitlist applicants as they fill.

#### Aquatics Refund Policy
Cancellations or transfers for aquatic classes and programs will be honored 7 days prior to the first class.
San Leandro Main Library
(510) 577-3971
300 Estudillo Avenue • wwwsanleandrolibrary.org
All events take place at the San Leandro Main library unless otherwise indicated.

Fall Two-Day Book Sale
Saturday, October 6
9:00am - 11:00am • Friends Members only
11:00am - 4:00pm • Open to the General Public
Sunday, October 7
12:00pm - 3:00pm • All-day bag sale at $2 a bag!

The Friends of the San Leandro Library are proud to announce their upcoming Fall Two-day Book Sale! The sale will be huge, offering a fantastic selection of over 10,000 quality books at bargain prices. By joining the Friends of the Library, you may attend the "Members Preview" during the first two hours of the Saturday book sale and get the best pick of the books. Then on Sunday the Friends will be hosting an all-day bag sale! Join the Friends of the San Leandro Library today by applying for either an individual membership which is $10 or a family membership which is $15. You may register or renew your membership at the door on the day of the sale or you can pick up a membership application at the Main Library.

Readers Roundtable
This lively book group meets at the Main Library. Copies of the book can be purchased for just $10 at the Booktique, the Main Library's bookstore. Questions? E-mail: rrttable@gmail.com

The Year of the Runaway by Sunjeev Sahota
October 6, 2018 • 2:00 pm – 3:15 pm

Golden Hill by Francis Spufford
November 3, 2018 • 2:00 pm – 3:15 pm

Homegoing by Yaa Gyasi
December 1, 2018 • 2:00 pm – 3:15 pm

The Books that Matter Most by Ann Hood
January 5, 2019 • 2:00 pm – 3:15 pm

Saturday Movie Matinees
Join us at the Museum on the first Saturday of each month for movies starting September through December. Check the library website for movie titles each month.

San Leandro History Complex
Casa Peralta
384 W. Estudillo Avenue
577-3474 or 577-3975
Saturday and Sunday
11:00am - 3:00pm
(Depending on volunteer staff availability.)

San Leandro History Museum
320 W. Estudillo Avenue
577-3990 or asilveira@sanleandro.org
Wednesday and Thursday
1:00pm - 4:00pm
First Saturday of the Month
11:00am - 4:00pm

Little Brown Church
Behind the Casa Peralta
910-3215
sanleandrohistory@gmail.com

Taco Tuesday
September 25 • 6pm - 9 pm
Lecture Hall and Karp Room
Enjoy delicious food, a movie, and an informal discussion in honor of Hispanic Heritage Month.
Main Library Youth Activities

Check our website at www.sanleandrolibrary.org or pick up a brochure at the library for a list of all the latest events for children and families!

Wednesday Family Fun Nights

Special evening entertainment programs for families.
Refreshments served.

August 29 • 7:00pm
Live Animal Show with Wild Things Inc.!

September 26 • 7:00pm
Family music show with Juan L. Sánchez

October 24 • 7:00pm
Halloween Spooktacular Puppet Show!

November 14 • 7:00pm
Animal Tales with storyteller Kirk Waller

December 19 • 7:00pm
Holiday Puppet Show • Peter and the Wolf

Storytime @ the Main Library

Storytimes are more than just fun—they help your child get ready for school too! Pick the storytime that works best for you and your child!

Baby Time • Tuesdays at 9:30am
Rhymes, songs and books for ages 0 to 12 months

Toddler Time • Wednesday at 9:30am or 10:30am
Stories, rhymes and romps for ages 1-3 (choose just one session to attend)

Preschool Storytime • Wednesdays at 1:30pm
Stories, songs and play for preschoolers (and up)

Family Storytime • Wednesdays at 7:00pm
Stories, songs and play for preschoolers & families. (Wear your pajamas!)

Cuentacuentos • Martes 10:30am
Canciones y cuentos para niños pequeños

Bilingual Storytime
Cuentacuentos Bilingüe
First Saturday of the month at 11:00am (check the online calendar for dates)/ Primer sábado del mes a las 11:00am.

Dial-A-Story
Call 577-6067 to hear Ms. Kelly read a picture book!

Telecuento
Llama 577-6066 para escuchar a Molly leer un libro!

Reading Enrichment Programs

1000 Books Before Kindergarten is a Library program that encourages parents/caregivers to read 1000 books with their young children before they enter kindergarten. Sharing just one book a night gives your child the building blocks for lifelong success.

Get started today by visit any branch of the San Leandro Public Library, or sign up online at www.sanleandrolibrary.org

Book Clubs @ the Main Library

Each month, registered book club members will read a book, then participate in a book discussion and fun activities. Book clubs run from October-May, and sign ups begin on Sept. 6 at the Main Library; space is limited.

• Beginning Chapter Book Club for grades 2-3, meets at 3:45pm on the first Thursday of each month.
• Intermediate Chapter Book Club for grades 4-5, meets at 3:45pm on the second Thursday of each month.

Paws to Read
For grades 1 - 5
In the Paws to Read program, children work on their reading skills by reading aloud to certified therapy dogs. New session will start in September - please check www.sanleandrolibrary.org for dates and times.

Teen Corner @ the Main Library

All programs are for students in grades 6 to 12, unless noted.
All programs are free. Visit the Teens page on the Library’s web site www.sanleandrolibrary.org for more information.

Dub Club
Wednesdays from 2:30pm - 4:30pm
Need a place to do homework and enjoy a snack after school? Join us each Wednesday starting in September for gaming and fun! For students in grades 6 to 12.

Volunteer @ Your Library
For teens 14 to 18 in 9th - 12th grades
Volunteering at the library is a great way to gain work experience and earn community service hours. During the school year, we need volunteers to help after school, in the evenings, and on weekends. Volunteers are assigned to work one shift per week (between 2 to 4 hours) to help us shelve books and prepare for events. For more information, call 510/577-3960.

Middle School Book Club
Calling all 6th 7th & 8th grade readers! Join our Middle School Book Club. Each month, book club members will read a book, then come to the Main Library to participate in a book discussion and fun activity related to the book. Book Club starts in October. Sign up at the Main Library starting on September 6.
Kid’s Club At Dayton Elementary • Fall/Winter 18-19

This is an after-school program designed to serve Transitional Kindergarten through 5th grade students attending Dayton Elementary School. Our program provides a safe, enriching and quality after-school experience for your child. Trained and dedicated staff offer your child homework help/time, a supervised snack time, arts & crafts, and indoor/outdoor recreational activities. Kid’s Club begins on the first day of school 8/22 and follows both the school calendar, bell schedule (including early dismissals) and city holiday calendar. Please note there is no Kid’s Club the following dates: 9/8, 9/28, 10/5, 11/2, 11/12, 11/19-23, 12/24-1/4, 1/21, 2/11, 2/18, 3/22, 4/1, SPRING BREAK 4/5-4/19, 5/24, 5/27. Kid’s Club ends the last day of school, Wednesday 6/13.

Morning Program:
Begins at 7:00am and children are released to the school yard at 8:30am.

Afternoon Program:
Begins upon school dismissal and ends at 6:00pm. Late pick-up fees of $1/minute are enforced.

Kindercare
Mon - Fri • 1:00pm - 3:30pm

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<th>Fee</th>
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<td>#13544</td>
<td>Nov 1 - Nov 30</td>
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Full-Time • Morning
(4-5 days per week) • Mon - Fri

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<td>#13488</td>
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<td>$150</td>
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Full-Time • Afternoon
(4-5 days per week) • Mon - Fri

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Part-Time • Morning
(4-5 days per week) • Mon - Fri

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Part-Time • Afternoon
(4-5 days per week) • Mon - Fri

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<td>Oct 1 - Oct 31</td>
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<td>Nov 1 - Nov 30</td>
<td>$216</td>
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<td>Dec 3 - Dec 21</td>
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<td>#13486</td>
<td>Jan 7 - Jan 3</td>
<td>$288</td>
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Important Information
The following must be received for your registration to be completed:
• Signed Registration Form
• Completed Kid’s Club Packet
Two business days are needed to process registrations before your child can attend, so please register early.

Registration Policies, Deadlines and Late Fees
• Participants must be registered for Kid’s Club prior to attending any days of Kid’s Club.
  • If a participant comes to Kid’s Club and the participant is not registered for the program, Kid’s Club staff will escort the participant to the school office and school staff will contact parents/guardians.
  • Each Kid’s Club participant must be registered for all the program(s)/time(s) they are attending. Many participants come to several Kid’s Club programs such as full-time in the morning and part-time in the afternoon (must be registered for 2 programs/times), or full-time morning plus Kindercare plus full-time in the afternoon (must be registered for 3 programs/times).
  • Any participant who is already registered for at least one Kid’s Club program, but attends a program for which they are not registered will be registered for the additional program automatically by staff. Future registrations for any SLRHS program, including Kid’s Club, will not be processed until the outstanding balance is paid in full.
  • Registration and payment are due on or before the 15th of the prior month. If the 15th falls on a Sunday or a holiday, payment is due the first business day following the Sunday or holiday.
  • Payment received after the 15th will be assessed a $25 late fee. The late fee policy is strictly enforced.
  • For example, registration for October must be completed by September 15th or else the late fee will be assessed.
  • It is important for participants to be registered by the 15th of the month so that our rosters and sign in/out sheets are correct at the beginning of each month. This deadline also helps us plan programs, activities, field trips, order supplies, and schedule staff.
  • Partial program attendance is not prorated or refunded.

Part-Time Fee Policy
Part-time participants may attend any three days in a week. Once a part-time participant attends a fourth day in a week (no matter which week) the difference between the part-time and full-time rate will be applied to your account. Movement of extra days into other weeks will not be allowed. Future registrations for any SLRHS program, including Kid’s Club, will not be processed until the outstanding balance is paid in full.

Registration Paperwork Policy
Each participant is required to have on record a complete Emergency Information Form as well as a signed copy of the Kid’s Club Parental Agreement and Anti-Bullying Agreement. If these documents are not on file, participants will NOT be allowed to stay at Kid’s Club. Staff will escort the participant to the school office and school staff will contact parents/guardians.

For children in Transitional Kindergarten (ages 4 or 5 and beginning Kindergarten in Fall 2018) and Kindergarten. Please note that if your TK or K child will be staying until 6pm, you need to register for both Kindercare and regular aftercare (full or part time).
Important Information

The following must be received for your registration to be completed:

- Registration Form
- Verification of age
- Emergency Form
- Payment

- Kiddie Kollege and Kindergarten Readiness parents are strongly encouraged to work in the classroom once per session. Parents who wish to participate more than once per session will be required to be fingerprinted by the San Leandro Police Department.

- Kiddie Kollege strives to provide our registered participants with a quality program involving close supervision and attention by our staff. For this reason, unpaid siblings will not be permitted to attend classes.

- Children must be the correct age at the start of each course.

- Registration and payment are due by the 20th of the month prior to the start of each session. If the 20th falls on Sunday or a holiday, payment is due the first business day following the Sunday or holiday.

- Participants currently enrolled in a session will have registration priority for the following month if they register by the 20th of the previous month. After the 20th of the previous month, registration will be open to new participants. Priority begins with September classes (so for priority registration, enroll and pay for October by September 20).

- Months may not be skipped. In order to maintain your child’s priority registration status, every month must be registered and paid for by the 20th of the month prior or your child will lose their space in the class.

- Course fees have been determined based upon the number of sessions per month, with consideration of holidays and closures. Sessions will not be further prorated due to late enrollment or absences.

Kiddie Kollege

This program provides preschool aged children with a variety of play and learning activities designed to provide basic learning skills, develop social and motor skills, independence and much more! Each session offers a Circle Time, Reading, Art activity, Free Play and Sharing. **Child must be potty trained at the start of class.**

Parent Orientations

Please join your Kiddie Kollege teacher for information about the coming school year. Parents/guardians only please, no children.

Ms. Tia Gusman, Ms. Kayla Brown & Ms. Maria Mendoza

Tue, 8/28 • 6:00pm - 7:00pm at Halcyon Park

Ms. Sandy Braun

Thu, 8/30 • 6:00pm - 7:00pm at Washington Manor Park

Ms. Kayla Brown

Thu, 8/30 • 6:00pm - 7:00pm at Halcyon Park

Ms. Miko Lau

Fri, 8/31 • 6:00pm - 7:00pm at Washington Manor Park

Kiddie Kollege

Halcyon Park

Mon, Wed, Fri • 9:00am - 11:30am

36 - 48 months

**Instructor: Ms. Tia Gusman**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Start Date</th>
<th>End Date</th>
<th>Classes</th>
<th>Price (R)</th>
<th>Price (N)</th>
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Mon, Wed, Fri • 12:00pm - 3:00pm

4 - 5 years

**Instructor: Ms. Tia Gusman**

<table>
<thead>
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<th>Course Code</th>
<th>Start Date</th>
<th>End Date</th>
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<th>Price (N)</th>
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<tr>
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Tue, Thu • 1:30pm - 3:30pm

34 - 58 months

**Instructor: Ms. Kayla Brown**

<table>
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<tr>
<th>Course Code</th>
<th>Start Date</th>
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Washington Manor Park

Mon, Wed, Fri • 9:00am - 12:00pm

34 - 45 months

**Instructor: Ms. Miko Lau**

<table>
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<th>Course Code</th>
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Mon, Wed, Fri • 12:30pm - 3:30pm

46 - 58 months

**Instructor: Ms. Miko Lau**

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<td>Jan 7 - Jan 30</td>
<td>Classes: 10</td>
<td>$142.50</td>
<td>$162.50</td>
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</table>
Parent-Toddler Kiddie Kollege @ Halcyon
Give yourself a new bonding opportunity with your child! Join us in our social preschool environment along with other parents and children. Each session includes an art activity, story time, movement to music, tactile play and much more! Please note, an adult is required to accompany their child to each class session.

**Tuesday, Thursday • 9:15am - 11:00am**

**19 - 35 months**

**Instructor: Ms. Tia Gusman**

| #13326 | Sep 4 - Sep 27 | Classes: 8 | $108(R)/$128(N) |
| #13414 | Oct 2 - Oct 30 | Classes: 9 | $121.50(R)/$141.50(N) |
| #13435 | Nov 1 - Nov 30 | Classes: 7 | 94.50(R)/$114.50(N) |
| #13436 | Dec 4 - Dec 20 | Classes: 6 | $81(R)/$101(N) |
| #13581 | Jan 3 - Jan 31 | Classes: 8 | $108(R)/$128(N) |

Kindergarten Readiness @Washington Manor
These classes offer a strong foundation to help your child thrive in Kindergarten! This program focuses on supporting your child's growth in: Social skills, Gross and Fine Motor skills, Math, Language Arts and Science. The classroom environment is safe, cheerful and supportive! *Child must be 4 years old and potty trained at the start of class.*

**Tuesday, Thursday • 9:00am - 12:00pm**

**4 - 5 years**

**Instructor: Ms. Sandy Braun**

| #13331 | Sep 4 - Sep 27 | Classes: 8 | $172(R)/$197(N) |
| #13412 | Oct 2 - Oct 30 | Classes: 9 | $193.50(R)/$218.50(N) |
| #13443 | Nov 1 - Nov 29 | Classes: 7 | $150.50(R)/$170.50(N) |
| #13444 | Dec 4 - Dec 20 | Classes: 6 | $129.00(R)/$149.00(N) |
| #13789 | Jan 8 - Jan 31 | Classes: 8 | $142.50(R)/$162.50(N) |

**Tuesday, Thursday • 12:30pm - 3:30pm**

**4 - 5 years**

**Instructor: Ms. Sandy Braun**

| #13332 | Sep 4 - Sep 27 | Classes: 8 | $172(R)/$197(N) |
| #13413 | Oct 3 - Oct 30 | Classes: 9 | $193.50(R)/$218.50(N) |
| #13445 | Nov 1 - Nov 29 | Classes: 7 | $150.50(R)/$170.50(N) |
| #13446 | Dec 4 - Dec 20 | Classes: 6 | $129(R)/$149(N) |
| #13790 | Jan 8 - Jan 31 | Classes: 8 | $172(R)/$197(N) |

Spanish/English Play & Learn @ Halcyon Park
Parents and toddlers join in the fun and learning as we read, sing, and play. Children will learn in both Spanish and English languages to build and improve skills that are essential to school readiness. English language learners welcome. An adult is required to accompany their child to each class session.

**Tuesday, Thursday • 11:30am - 1:00pm**

**19 months - 4 years**

**Instructor: Ms. Maria Manzo Mendoza**

| #13328 | Sep 4 - Sep 27 | Classes: 8 | $60(R)/$70(N) |
| #13408 | Oct 2 - Oct 30 | Classes: 9 | $85.50(R)/$105.50(N) |
| #13437 | Nov 1 - Nov 30 | Classes: 7 | $66.50(R)/$76.50(N) |
| #13438 | Dec 4 - Dec 20 | Classes: 6 | $57(R)/$67(N) |
| #13571 | Jan 3 - Jan 31 | Classes: 8 | $76(R)/$86(N) |
Junior Warriors Basketball
Calling all Hoopsters! It’s time to get on the court and have some fun! The City of San Leandro is partnering with the Golden State Warriors and NBA to get kids moving while encouraging healthy lifestyle choices. This league offers a non-competitive environment where both beginners and veterans can improve their skills through weekly games and instruction. Open to both boys and girls ages 5-14. All participants receive a reversible micro-mesh Junior Warriors jersey for league play. Register early! Courses fill up fast!

Classes: 10
Day: Sat

Mini Hoopers A • Age: 5 years
#13741  Jan 12 - Mar 16 8:45am - 10:15am
Location: SLHS 9th Grade Campus

Mini Hoopers B (Beginners) • Age: 6 - 7 years
#13742  Jan 12 - Mar 16 10:30am - 12:00pm
Location: SLHS 9th Grade Campus

Mini Hoopers C (Intermediate) • Age: 6 - 7 years
#13743  Jan 12 - Mar 16 12:15pm - 1:45pm
Location: SLHS 9th Grade Campus

Jump Shooters • Age: 8 - 9 years
#13744  Jan 12 - Mar 16 9:00am - 10:45am
Location: Washington Manor Middle School Gym

Tri-Fectas • Age: 10 - 11 years
#13745  Jan 12 - Mar 16 11:00am - 12:45pm
Location: Washington Manor Middle School Gym

All Stars • Age: 12 - 14 years
#13746  Jan 12 - Mar 16 1:00pm - 2:45pm
Location: Washington Manor Middle School Gym

Fee: $147(R)/$167(N) Early Registration on or before 12/14
$172(R)/$197(N) Registration after 12/14

Instructor: SLRHS Staff

Rebound Basketball Academy Camp
Age: 5 - 14 years  Classes: 3
Mon - Wed
#13626  Nov 19 - Nov 21 9:00am - 12:00pm
Wed - Fri
#13630  Dec 26 - Dec 28 9:00am - 12:00pm
Wed - Fri
#13631  Jan 2 - Jan 4 9:00am - 12:00pm
Fee: $95(R)/$115(N)

Rebound Basketball Academy Clinic
Age: 5 - 14 years  Classes: 1  Day: Fri
#13628  Oct 5 9:00am - 12:30pm
#13629  Dec 21 9:00am - 12:30pm
Fee: $35(R)/$45(N)

Calling All Instructors!
Interested in teaching a class with the City of San Leandro? If you have a skill that you would like to share, email: contractclasses@sanleandro.org for a course proposal form.
Private Tennis Lessons

**Beginners:** Learn the basics of tennis including forehands, backhands, volleys, overheads, footwork, serves, and rules.  
**Intermediates:** Learn about topspin, underspin, lobs, drop shots, and approach shots.  
**Advanced:** Learn about half-volleys, spin serves, bisecting angles of return, drills, and strategies for match play. Ideal for whole families or groups to build camaraderie.

Group size is limited to 8 for beginners, 12 for intermediates. All participants must wear tennis shoes and bring a racquet. Supply fee: One new, non-returnable can of USTA-Approved tennis balls. SIX 1/2 hour lessons are included. Times and location will be worked out with the instructor personally before registration. For more information, please email Eve Holgate at socialtennis05@yahoo.com

**Age:** 4 years & up  
**Fee:** $150(R)/$170(N)

**Beginners Tennis**

Learn the basics of tennis including forehands, backhands, volleys, footwork, overheads, serves and rules. Participants must wear tennis shoes and bring a tennis racquet. Supply fee: One new non-returnable can of USTA-Approved tennis balls. For more information contact the instructor at socialtennis05@yahoo.com

**Age:** 6 - 8 years  
**Classes:** 10  
**Day:** Fri  
**#13619** Sep 14 - Nov 16  
6:00pm - 6:30pm

**Age:** 6 - 8 years  
**Classes:** 10  
**Day:** Sat  
**#13621** Sep 15 - Nov 17  
9:30am - 10:00am  
**Fee:** $100(R)/$120(N)

**Age:** 9 - 14 years  
**Classes:** 10  
**Day:** Fri  
**#13617** Sep 14 - Nov 16  
6:30pm - 7:30pm

**Age:** 9 - 14 years  
**Classes:** 10  
**Day:** Sat  
**#11618** Sep 15 - Nov 17  
10:00am - 11:00am  
**Fee:** $100(R)/$120(N)

**Location:** Washington Manor Park  
**Instructor:** Eve Holgate

**Tennis Lessons/Indoor Practice**

This beginner friendly tennis prep class makes it easy to learn tennis concepts and develop tennis skills’ motor memory. By learning how to start practicing these eye hand coordination drills, in the convenience of your own home, an athlete’s mentality of routine practice can be developed. This class should be taken and the assigned skills mastered before investing in “on court” tennis lessons. $10 Material fee due to the instructor at the first day of class.

**Age:** 6 - 12 years  
**Classes:** 3  
**Day:** Thu  
**#13889** Sep 13 - Sep 27  
6:00pm - 6:30pm  
**#13890** Oct 11 - Oct 25  
6:00pm - 6:30pm  
**#13891** Nov 8 - Nov 29  
6:00pm - 6:30pm  
**#13897** Dec 6 - Dec 20  
6:00pm - 6:30pm  
**Fee:** $25(R)/$35(N)

**Location:** MCC • Room B  
**Instructor:** Eve Holgate

Karate by Pallen’s Martial Arts

$45 fee for Pallen’s Martial Arts uniform is due to the instructor the first day of class.

**Location:** MCC • Multipurpose Room B  
**Instructor:** Pallen’s Martial Arts Staff

**PLEASE NOTE:** No Class 11/17, 11/24, 12/22, 12/29

**Lil Cubs Karate**

Kids will learn basic motor skills, martial arts techniques and be introduced to respect, discipline and self-control in a fun learning environment. Many of the same concepts you are teaching at home will be reinforced in the classroom. Topics such as good manners (which include keeping hands and feet to themselves), respect for one’s self and others, following directions the first time, and more are taught.

**Age:** 3 - 4 years  
**Classes:** 16  
**Day:** Sat  
**#13610** Sep 15 - Jan 26  
10:00am - 10:30am  
**Fee:** $160(R)/$185(N)

**Karate Tigers**

Young children will learn the fundamentals of martial arts along with discipline, respect and self-control. This program was designed with fun in mind! These martial art classes are theme based and highly interactive.

**Age:** 4 - 6 years  
**Classes:** 16  
**Day:** Sat  
**#13611** Sep 15 - Jan 26  
10:30am - 11:15am  
**Fee:** $185(R)/$210(N)

**Karate Kids**

Children will flourish in our character building martial arts classes. In our class, they will learn the basic blocks, strikes and kicking techniques in the Pallen's Martial Arts system, while learning respect, discipline and focus in a fun and positive environment.

**Age:** 7 - 12 years  
**Classes:** 16  
**Day:** Sat  
**#13612** Sep 15 - Jan 26  
11:15am - 12:00pm  
**Fee:** $185(R)/$210(N)
Youth

**Robotics Fun**
Offering the tools to inspire the problem solvers of tomorrow. During this session, kids will jump into robotics, programming logic, & structural design with VEX. The kids will learn to write programs, use them, test them. Students will build a strong foundation of coding & robotics skills for their tech future. Kids are taught engineering basics with an emphasis on exploration & trial & error field testing. Material fees will be used for Laptop usage, access to dropbox, usb with all programs we plan to do in class as well as the program the student creates. It is an absolute fun enriching class -- kids tinkering and creating programs. $45 Materials Fee due at the first day of class.

Age: 10 years & up  Classes: 6  Day: Mon  
#13813  Sep 24 - Oct 29  4:00pm - 6:00pm  
Fee: $299(R)/$354(N)  
Location: MCC Room B  
Instructor: sv4uKids! Staff

**3d Printing Workshop**
Join us for an enriching fun learning session to understand the basics of 3d printing. This course will teach you the basics of 3D modeling and printing, converting images to 3D models, and critical basic concepts. The course will uncover the core processes behind 3D printing and reveal one of the most powerful capabilities of the 3D printing revolution—that it’s accessible to anyone.

Age: 10 years & up  Classes: 6  Day: Tue  
#13813  Sep 25 - Oct 30  4:00pm - 6:00pm  
Fee: $299(R)/$354(N)  
Location: MCC Room B  
Instructor: sv4uKids! Staff

**Mommy/Daddy & Me Soccer**
Introduce your toddler to soccer! As you participate in our fun age appropriate activities together, your child will be developing their large motor skills and socialization skills. Come be part of the fun! Every child receives a Kidz Love Soccer jersey.

Age: 2 - 3.5 years  Classes: 8  Day: Fri  
#13793  Sep 14 - Nov 2  6:45pm - 7:15pm  
Age: 2 - 3.5 years  Classes: 8  Day: Sat  
#13794  Sep 22 - Nov 10  9:00am - 9:30am  
Fee: $115(R)/$135(N)

**Tot Soccer**
Enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each participant receives a Kidz Love Soccer jersey. Shin guards are required after the first meeting.

Age: 3.5 - 5 years  Classes: 8  Day: Fri  
#13795  Sep 14 - Nov 2  6:00pm - 6:35pm  
Age: 3.5 - 5 years  Classes: 8  Day: Sat  
#13796  Sep 22 - Nov 10  9:40am - 10:15am  
Fee: $115(R)/$135(N)

**Soccer 1: Techniques & Teamwork**
Learn dribbling, passing, defense and shooting goals! Play age appropriate games that teach the sport of soccer. Perfect for first time players while being fun and engaging for kids with some experience. Each participant receives a jersey. Shin guards are required after the first meeting.

Age: 5 - 6 years  Classes: 8  Day: Fri  
#13797  Sep 14 - Nov 2  5:15pm - 6:00pm  
Age: 5 - 6 years  Classes: 8  Day: Sat  
#13798  Sep 22 - Nov 10  10:15am - 11:00am  
Fee: $115(R)/$135(N)

**Soccer 2: Skillz & Scrimmages**
Enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome! Each participant receives a Kidz Love Soccer jersey. Shin guards are required.

Age: 7 - 10 years  Classes: 8  Day: Fri  
#13799  Sep 14 - Nov 2  4:30pm - 5:15pm  
Age: 7 - 10 years  Classes: 8  Day: Sat  
#13800  Sep 22 - Nov 10  11:00am - 11:45am  
Fee: $115(R)/$135(N)

Kidz Love Soccer @ Stenzel Park

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Robotics Fun

- **Offering the tools to inspire the problem solvers of tomorrow.**
- **During this session,** kids will j ump into robotics, programming logic, & structural design with VEX.
- **Students will learn to write programs,** use them, test them.
- **Students will build a strong foundation of coding & robotics skills for their tech future.**
- **Kids are taught engineering basics with an emphasis on exploration & trial & error field testing.**
- **Material fees will be used for Laptop usage, access to dropbox, usb with all programs we plan to do in class as well as the program the student creates.**
- **It is an absolute fun enriching class -- kids tinkering and creating programs.**
- **$45 Materials Fee due at the first day of class.**

**3d Printing Workshop**

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- **This course will teach you the basics of 3D modeling and printing,** converting images to 3D models, and critical basic concepts.
- **The course will uncover the core processes behind 3D printing and reveal one of the most powerful capabilities of the 3D printing revolution—that it’s accessible to anyone.**

**Mommy/Daddy & Me Soccer**

- **Introduce your toddler to soccer!**
- **As you participate in our fun age appropriate activities together,** your child will be developing their large motor skills and socialization skills.
- **Come be part of the fun! Every child receives a Kidz Love Soccer jersey.**

**Tot Soccer**

- **Enjoy running and kicking just like the big kids!**
- **Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities.**
- **Children learn to follow instructions in a nurturing, age appropriate environment.**
- **Each participant receives a Kidz Love Soccer jersey. Shin guards are required after the first meeting.**

**Soccer 1: Techniques & Teamwork**

- **Learn dribbling, passing, defense and shooting goals!**
- **Play age appropriate games that teach the sport of soccer.**
- **Perfect for first time players while being fun and engaging for kids with some experience.**
- **Each participant receives a jersey. Shin guards are required after the first meeting.**

**Soccer 2: Skillz & Scrimmages**

- **Enjoy advanced skill building: dribbling, passing and shooting in a team play format.**
- **Each class will focus on scrimmages that emphasize application of finer technical points.**
- **All levels are welcome! Each participant receives a Kidz Love Soccer jersey. Shin guards are required.**
Intro to Taiko
Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in uchikomi (repetition training) based practice. A sense of rhythm and the ability to hit the Taiko drum for an extended period of time is required. Drums will be provided, a $45 materials fee will be collected by the instructor at first class.
Age: 15 years & up Classes: 4 Day: Fri
#13814 Sep 7 - Sep 28 7:30pm - 9:00pm
#13815 Oct 5 - Oct 26 7:30pm - 9:00pm
#13817 Nov 2 - Nov 30 7:30pm - 9:00pm
#13818 Dec 7 - Dec 12 7:30pm - 9:00pm
Fee: $30(R)/$40(N) • No class 11/13
Instructor: Kensuke Sumii
Location: SCC • Health and Fitness Room

Taiko Intermediate
This course is designed for individuals with advanced knowledge and understanding of taiko theory. It will improve the player’s power, speed, rhythm and other important aspects of drumming skills. This course requires the instructor’s consent. Taiko drum sticks required, a $45 materials fee is due to the instructor on the first day of class.
Age: 15 years & up Classes: 4 Day: Fri
#13816 Sep 7 - Sep 28 5:30pm - 7:30pm
#13819 Oct 5 - Oct 26 5:30pm - 7:30pm
#13820 Nov 2 - Nov 30 5:30pm - 7:30pm
#13821 Dec 7 - Dec 12 5:30pm - 7:30pm
Fee: $30(R)/$40(N) • No class 11/13
Instructor: Kensuke Sumii
Location: SCC • Health and Fitness Room

Odaiko
Class is designed for individuals with stamina to hit odaiko (big taiko) for two hours. This class will build up stamina, rhythmic competence and speed. The class requires the instructors consent. Taiko Advance must be taken in conjunction with this class. $5 material fee is due to the instructor on the first day of class.
Age: 15 years & up Classes: 4 Day: Wed
#13822 Sep 5 - Sep 26 8:00pm - 10:15pm
#13823 Oct 3 - Oct 24 8:00pm - 10:15pm
#13824 Nov 7 - Nov 28 8:00pm - 10:15pm
#13825 Dec 5 - Dec 19 8:00pm - 10:15pm
Fee: $15(R)/$20(N) • No class 11/21
Instructor: Kensuke Sumii
Location: SCC • Health and Fitness Room

Yoga for All Levels
with Sharon Wilson
@ the MCC • Titan Auditorium
Iyengar Yoga is an intelligent form of exercise that can greatly benefit anybody of any age, since each pose can be modified to best suit the strengths and challenges of each unique individual. Bring a yoga mat. Wear comfortable clothing. Don’t miss our Yoga Combo Special! Please register no later than 7 days prior to course start date.

Yoga One: Beginner
A yoga class for those who have never had yoga before, or those who are looking for an exercise routine that can increase their flexibility, muscle tone and coordination unlike any form of exercise.
Age: 16 years & up Classes: 6 - 7 Day: Tue No class • 12/25, 1/1, 1/15
#13841 Sep 11 - Oct 23 6:30pm - 7:45pm
#13842 Oct 30 - Dec 11 6:30pm - 7:45pm
#13843 Dec 18 - Jan 29 6:30pm - 7:45pm*
Fee: $57(R)/$67(N) $35(R)/$45(N)* • 4 Classes

Yoga Two: Intermediate
A yoga class for beginning and intermediate students who have had prior yoga experience and are looking for a routine offering a range of exercises they can suit to complement their unique body!
Age: 16 years & up Classes: 7 Day: Thu No class • 11/22, 12/27
#13844 Sep 13 - Oct 25 6:30pm - 7:45pm
#13845 Nov 1 - Dec 13 6:30pm - 7:45pm*
#13846 Dec 20 - Jan 31 6:30pm - 7:45pm*
Fee: $57(R)/$67(N) $47(R)/$57(N)* • 6 Classes

Yoga 1+2 Combo
Class meets twice a week in combination with the Yoga One and Two courses for twice the impact of our once a week class!
Age: 16 years & up Classes: 10 - 14 Day: Tue & Thu
No class • 11/22, 12/25, 12/27, 1/1
#13847 Sep 11 - Oct 25 6:30pm - 7:45pm
#13848 Oct 30 - Dec 13 6:30pm - 7:45pm*
#13849 Dec 18 - Jan 31 6:30pm - 7:45pm**
Fee: $107(R)/$127(N)
$97(R)/$107(N)* • 13 Classes
$75(R)/$85(N)** • 10 Classes

Calling All Instructors!
Interested in teaching a class with the City of San Leandro? If you have a skill that you would like to share, email: contractclasses@sanleandro.org for a course proposal form.
Krav Maga
Krav Maga is an effective form of self-defense that focuses on real-life situations and threat neutralization. Learn the skills you need to feel safe and confident wherever you go. Krav Maga is also an excellent form of exercise and a great tool for improving physical fitness and health. **Pallen Krav Maga attire is required. $50.00 fee for Pallen’s Martial Arts uniform is due to the instructor the first day of class.**

Age: 12 years & up
**Beginner**
Classes: 13  
Day: Mon • No Class 11/12, 11/14  
#13613  Sep 10 - Dec 17  
7:30pm - 8:30pm

**Intermediate/Advanced**
Classes: 13  
Day: Wed • No Class 10/31, 11/21  
#13791  Sep 12 - Dec 19  
7:30pm - 8:30pm
Fee: $199(R)/$224(N)

Location: Pallen’s Martial Arts • 1655 E. 1th St.
Instructor: Pallen’s Martial Arts Staff

Senkotiros-Arnis Filipino Martial Arts
Learn the basic techniques of Senkotiros-Arnis. The system is a very effective close quarter, mid and long range self-defense system incorporating the Filipino escrima sticks. Learn how to use escrima sticks, Filipino swords, Filipino knives and empty hand against an attacker. **Senkotiros-Arnis uniform is required. $45 uniform fee is due to the instructor the first day of class.**

Age: 10 years & up
Classes: 14  
Day: Tue • No Class 11/20  
#13792  Sep 12 - Dec 18  
7:15pm - 8:15pm
Fee: $150(R)/$170(N)

Location: Pallen’s Martial Arts • 1655 E. 1th St.
Instructor: Pallen’s Martial Arts Staff

Chen Tai Chi
Class introduces the Traditional Tai Chi. Students will learn to reduce their physical and mental stress and develop strength and coordination.

Age: 18 years & up
Classes: 4 - 6  
Day: Thu  
#13870  Sep 13 - Oct 18  
9:30am - 11:15am  
#13871  Nov 22 - Dec 20  
9:30am - 11:15am**  
#13872  Jan 3 - Jan 31  
9:30am - 11:15am*
Fee: $42(R)/$52(N)  
$28(R)/$38(N)** • 4 classes  
$35(R)/$45(N)* • 5 classes
Location: MCC • Multipurpose Room A
Instructor: Jerry Ren, jrentaichi19@gmail.com

FIT Aerobic Dance Fitness
Love to dance? Need an emotionally uplifting workout? We invite you to get fit while having fun dancing to original choreography set to a wide variety of music. You will improve strength, coordination, balance, stamina and your overall health. Floor mats, light weight dumbbells, a towel and water are recommended. Everyone is welcome! Come have FUN with our FIT family.

Age: 18 years & up
Day: Tue/Thur • 6:00pm - 7:15pm  
Sat • 9:00am - 10:15am

**Sep 18 - Oct 30 • No Class 10/11 • 10/13 class held at the MCC**  
#13635  18 Classes  
Fee: $99(R)/$119(N)  
#13827  13 Classes  
Fee: $71.50(R)/$81.50(N)  
#13828  7 Classes  
Fee: $38.50(R)/$48.50(N)

**Nov 1 - Nov 29 • No Class 11/22**  
#13829  12 Classes  
Fee: $66(R)/$76(N)  
#13830  9 Classes  
Fee: $49.50(R)/$59.50(N)  
#13831  5 Classes  
Fee: $27.50(R)/$37.50(N)

**Dec 1 - Dec 22 • No Class 12/25, 12/27, 12/29, 1/1**  
#13832  10 Classes  
Fee: $55(R)/$65(N)  
#13833  9 Classes  
Fee: $49.50(R)/$59.50(N)  
#13834  5 Classes  
Fee: $27.5(R)/$37.50(N)

**Jan 3 - Jan 31**  
#13835  13 Classes  
Fee: $71.50(R)/$81.50(N)  
#13836  9 Classes  
Fee: $49.5(R)/$59.50(N)  
#13837  5 Classes  
Fee: $27.5(R)/$37.50(N)

**Feb 2 - Feb 28 • No Class 2/12**  
#13838  11 Classes  
Fee: $60.50(R)/$70.50(N)  
#13839  9 Classes  
Fee: $49.50(R)/$59.50(N)  
#13840  5 Classes  
Fee: $27.5(R)/$37.50(N)

Instructors: Deb • cmprealty@aol.com  
Sheela • smn711@hotmail.com

New Location: SCC • Health and Fitness Room

New Jazzercise
Jazzercise is a safe, effective workout that accommodates a variety of fitness levels. Classes are ongoing year round, so you can join anytime! Attend unlimited classes for just $44 per month with an EFT ticket. (Ticket can also be used to attend an additional 7 classes in Castro Valley on T/TH/Sat/Sun.) Registration can be completed at class or by visiting www.jazzercise.com For additional information, please contact Celeste: cjazzprincess@aol.com or (510) 761-1201.

**Dance Mixx:** Torch fat, sculpt lean muscle and crush calories with this high intensity workout that mixes dance-based cardio with strength training. Fresh pulse-pounding music and body-blasting moves bring the intensity to transform your body, boost your mood and ignite your energy.

**Strength 30:** Forge the tight, lean body you’re looking for while the pulse-pounding playlist distracts you from the burn. Fire up the muscles - all of them - in the 30 minute hard core muscle sculpting workout.

All Ages  
Day: Mon & Wed • No class 9/3, 11/12, 11/23, 12/24, 12/26, 12/31 & 1/21
**Dance Mixx**  
Sep 6 - Jan 31  
6:00pm - 7:00pm
**Strength 30**  
Sep 6 - Jan 31  
7:00pm - 7:30pm
Location: MCC • Titan Auditorium
Instructor: Celeste Cook
SD101: Modern Western Square Dancing Fundamentals
This course covers core calls, concepts and techniques of Modern Western Square Dancing (MWSD). On completion, you will be able to dance at select beginner-level dances. For more dance opportunities, the student may continue on to SD102: Mainstream Square Dancing. No experience is required. Come alone or with a partner. Square dance is the official state dance of California and many other states. Free trial sessions available, see http://oaktown8s.org/intro.html

Age: 18 years & up    Classes: 12    Day: Sat
#13636    Sep 22 - Dec 15    12:00pm - 2:00pm
Fee: $125(R)/$145(N)
Location: MCC • Multipurpose Room A
Instructor: Oaktown 8's Square Dance Club

Belly Dance with Tatseena @ the MCC
Belly Dance & Body Awareness
Gain self-confidence and body control with the beautiful art of Belly Dance! In this beginner/intermediate class you will learn to move gracefully while you improve strength and flexibility in a fun supportive environment. Class includes yoga warm ups, basic steps, isolations, finger cymbals, and dancing with veils. Make new friends as you shake your stress away! No experience necessary! Please register no later than 7 days prior to the course start date, spaces are limited!

Age: 12 years & up    Classes: 8    Day: Wed
#13860    Oct 3 - Nov 28    6:45pm - 8:00pm
#13861    Dec 5 - Jan 30    6:45pm - 8:00pm
Fee: $96(R)/$116(N) • No class 10/31

Belly Dance: Props & Performance
Improve performance skills and stage presence while preparing for upcoming troupe and solo shows. Choreography and technique will be covered in each class, so bring your veils, zils, swords, canes, candles, etc. Get fit while having fun! This class is for Intermediate & Advanced level dancers.

Age: 12 years & up    Classes: 8    Day: Mon • No Class 11/6
#13862    Oct 3 - Nov 28    8:00pm - 9:15pm
#13863    Dec 5 - Jan 30    8:00pm - 9:15pm
Fee: $96(R)/$116(N) • No class 10/31

Belly Dance & Body Awareness & Props & Performance Combo
Take Belly Dance & Body Awareness AND Props & Performance and receive a 25% savings! Double your fitness, fine tune your performance skills and have fun with this great combination class!

Age: 12 years & up    Classes: 8    Day: Wed
#13864    Oct 3 - Nov 28    6:45pm - 9:15pm
#13865    Dec 5 - Jan 30    6:45pm - 9:15pm
Fee: $144(R)/$164(N) • No class 10/31

FREE SD101 TRY OUT CLASS!
#13877    Sep 15    12:00pm - 2:00pm
MCC • Multipurpose Room

Line Dance Company
with Marilyn Gabriana • mgabriana@hotmail.com

Beginner • Have fun and get a great workout with Line Dance Company! We dance to Country, Latin, Hip Hop, Swing, Disco and much more. Enjoy listening and dancing to Italian, Chinese, Spanish, French, and Tagalog music. We provide a monthly agenda with YouTube links so you can practice at home and master the art of line dancing. No previous line dance experience necessary.

Age: 18 years & up    Classes: 4    Day: Thu
No Class • 11/2, 11/9, 11/18
#13850    Sep 6 - Sep 27    7:00pm - 9:00pm
#13851    Oct 4 - Oct 18    7:00pm - 9:00pm
#13852    Nov 1 - Nov 29    7:00pm - 9:00pm*
#13853    Dec 6 - Dec 20    7:00pm - 9:00pm*
#13854    Jan 3 - Jan 31    7:00pm - 9:00pm
Fee: $28(R)/$38(N)
$21(R)/$31(N)* • 3 Classes
Location: MCC • Multipurpose Room A

Intermediate • Exercise your body and mind by dancing to a wide variety of music including main stream songs. Line Dancing is a fun way to dance socially and you never need a partner. Plus you get exercise without realizing you are actually exercising. We play great music of all the genres like country, top 40, hip-hop, ballroom, blues, funky, Latin, Irish, swing and much more! Come out and dance!

Age: 18 years & up    Classes: 4    Day: Mon • No Class 11/6
#13855    Sep 3 - Sep 24    7:00pm - 9:00pm*
#13856    Oct 1 - Oct 29    7:00pm - 9:00pm
#13857    Nov 5 - Nov 26    7:00pm - 9:00pm*
#13858    Dec 3 - Dec 17    7:00pm - 9:00pm*
#13859    Jan 7 - Jan 28    7:00pm - 9:00pm*
Fee: $28(R)/$38(N)
$21(R)/$26(N)* • 3 Classes
Location: MCC • Multipurpose Room A
**Argentine Tango for Adults**

Learn Argentine Tango – the original that started it all! If you can walk, you can dance it. Warren and Gigi Jensen teach traditional social style Argentine tango. No prior experience or partner required; everyone dances. Closed toed shoes with leather soles are recommended.

About the teachers: The Jensens have taught dance in San Leandro for more than 10 years. Their clear and friendly manner of teaching comes from almost 40 years of collective teaching experience in public schools and adult education programs. Gigi has traveled in the US and Latin America teaching and performance Argentine dances, and has won several awards. Warren & Gigi like to have fun, and want you to, too.

**Beginning**

Age: 18 years & up
Classes: 6  Day: Tue
#13866  Sep 11 - Oct 16  7:00pm - 8:00pm
Fee: $55(R)/$65(N)

Classes: 5  Day: Tue
#13867  Nov 6 - Dec 11  7:00pm - 8:00pm
Fee: $45(R)/$55(N)
Location: SCC • Main Hall A

**Intermediate**

Age: 18 years & up
Classes: 6  Day: Tue
#13868  Sep 11 - Oct 16  8:00pm - 9:00pm
Fee: $55(R)/$65(N)

Classes: 5  Day: Tue
#13869  Nov 6 - Dec 11  8:00pm - 9:00pm
Fee: $45(R)/$55(N),
Location: SCC • Main Hall A
Instructors: Gigi & Warren Jensen
gigi@tangoandmore.org

**Marina Bridge Club**

ACBL-Sanctioned Duplicate Bridge game with master points awarded. Game is open to players of all levels, and is stratified each week. Come and enjoy a friendly game of duplicate bridge in one of the finest facilities in the Bay Area.

Age: 18 years & up  Classes: Ongoing  Day: Tue
No class 12/25, 1/1

Sep 11 - Jan 29  10:30am - 2:00pm
Fee: $9 per play or $79 for a nine play ticket, paid directly to instructor
Location: Marina Community Center
Instructor: Terry Terzian ACBL Life Master,
Certified Director, and Accredited Teacher

**Cake Decorating 101**

If you know a little or absolutely nothing about cake decorating, you will love this class. With hands-on instruction you will learn frosting and filling boarders, flowers, clowns and balloons, transferring pictures, roses and buds, basket weaving and so much more. It's fun, creative and rewarding! Bring your cakes to a whole new level! A $25 kit will be available on the first night of class. A small supply list will be given on the first night of class.

Age: 13 years & up  Classes: 6  Day: Thu
#13614  Sep 20 - Oct 25  7:00pm - 9:00pm
Fee: $75(R)/$95(N)
Location: MCC • Room C
Instructor: Mary Lou Groff

**Advance Cake Decorating**

Rolled Fondant:
The smooth elegant way to frost a cake and form flowers.

Royal Icing:
The art of flowers that dry and harden for future use.

Wedding Cake:
Assembling and decorating the most beautiful cake of all. A $25 kit will be available on the first night of class.

Age: 13 years & up  Classes: 5  Day: Thu
#13873  Nov 1 - Dec 6  7:00pm - 9:00pm
Fee: $75(R)/$95(N)
Location: MCC • Room C
Instructor: Mary Lou Groff

**Online Drivers Ed for Teens**

Online Driver’s Ed for ages 15 and up: DMV allows Teens to receive their Learner’s Permit at age 15 1/2 and a license at age 16. This class is the FIRST required step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV approved Certificate of Completion. Sign up anytime, registration is ongoing.

Age: 15 years & up  Classes: Ongoing
#13634
Fee: $49(R)/$59(N)
Instructor: Erika Viera

20  •  www.sanleandrorec.org
Senior Services
We’re looking for active adults, aged 50 and over, to join us for a variety of fun activities! We have dance classes, flower arranging classes, computer classes, Tai Chi, Wii Bowling, Zumba, monthly trips, social programs and much more. Take a look at our offerings or drop by the Senior Community Center to see what’s going on! All senior programs are held at the Senior Community Center unless otherwise indicated. No classes or activities on the following dates: 9/3, 11/12, 11/22, 11/23, 12/24-1/1, 1/21.

AARP Smart Driving Course
Earn a Certificate of Completion and get a discount for three years on your auto insurance! This class teaches awareness of aging as it affects driving and offers compensating techniques while emphasizing defensive practices. Participants must take both sessions to earn a Certificate of Completion. Both AARP members and non-members are welcome. Members must show their AARP membership to the instructor on the first day of class to receive the member rate. For membership questions, call 1-888-687-2277.

Payment is made the day of, and can be submitted in the form of check made out to AARP, or exact cash only.

Classes: 2 Day: Thu 1:00pm - 5:00pm #12429 Nov 1 & 8

Refresher Course
Classes: 1 Day: Thu 1:00pm - 5:00pm #12428 Jan 17

Please note: Participants must have taken the AARP 8-hour course within the last three years in order to attend the Refresher Course. Fee: $15 (AARP Member)/$20 (Non-Member)

Location: SCC • Arts & Crafts Room
Instructor: Mike Harris

Arthritis Tai Chi
Designed to improve quality of life for people with arthritis using Sun Style Tai Chi. Includes agile steps and exercises that focus on mobility, balance, and relaxation. Learn slow, relaxing movements of Tai Chi and focus on breathing. Suitable for people of all ages. Can be performed seated or standing.

Beginning
Day: Thu 2:30pm - 3:30pm
#13459 Sep 13 - Dec 20 • No class 11/22
#13460 Jan 10 - Feb 14*
Fee: $42(R)/$52(N) • 14 Classes $18(R)/$23(N)* • 6 Classes

Continuing
Day: Mon 2:30pm - 3:30pm
#13461 Sep 10 - Oct 29
#13462 Nov 5 - Feb 4* • No class 11/12, 12/24, 12/31, 1/1
Fee: $24(R)/$29(N) • 7 Classes $30(R)/$40(N)* • 11 Classes

Location: SCC • Health & Fitness
Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Be Healthy Be Fit
Get ready for fun and healthy tips! This class is designed with seated and optional standing exercises. Exercises include range of motion, strengthening, and balance. There is also a fun aerobic segment and a relaxation/stretch, based on principles from the Arthritis Foundation Exercise Program.

Day: Wed 11:00am - 12:00pm
Day: Fri 12:00pm - 1:00pm
#13464 Sep 12 - Oct 26* • No Class 9/21, 10/12, 10/31
#13465 Nov 2 - Dec 21 • No Class 11/12, 11/23
#13466 Jan 9 - Feb 1**
Fee: $39(R)/$49(N) • Classes 13 $36(R)/$46(N) • Classes 12*
$24(R)/$29(N) • Classes 8**
Location: SCC • Main Hall B
Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Arthritis Tai Chi
Designed to improve quality of life for people with arthritis using Sun Style Tai Chi. Includes agile steps and exercises that focus on mobility, balance, and relaxation. Learn slow, relaxing movements of Tai Chi and focus on breathing. Suitable for people of all ages. Can be performed seated or standing.

Beginning
Day: Thu 2:30pm - 3:30pm
#13459 Sep 13 - Dec 20 • No class 11/22
#13460 Jan 10 - Feb 14*
Fee: $42(R)/$52(N) • 14 Classes $18(R)/$23(N)* • 6 Classes

Continuing
Day: Mon 2:30pm - 3:30pm
#13461 Sep 10 - Oct 29
#13462 Nov 5 - Feb 4* • No class 11/12, 12/24, 12/31, 1/1
Fee: $24(R)/$29(N) • 7 Classes $30(R)/$40(N)* • 11 Classes

Location: SCC • Health & Fitness
Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Be Healthy Be Fit
Get ready for fun and healthy tips! This class is designed with seated and optional standing exercises. Exercises include range of motion, strengthening, and balance. There is also a fun aerobic segment and a relaxation/stretch, based on principles from the Arthritis Foundation Exercise Program.

Day: Wed 11:00am - 12:00pm
Day: Fri 12:00pm - 1:00pm
#13464 Sep 12 - Oct 26* • No Class 9/21, 10/12, 10/31
#13465 Nov 2 - Dec 21 • No Class 11/12, 11/23
#13466 Jan 9 - Feb 1**
Fee: $39(R)/$49(N) • Classes 13 $36(R)/$46(N) • Classes 12*
$24(R)/$29(N) • Classes 8**
Location: SCC • Main Hall B
Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Senior Special Events!
Be sure to check out pages 2 and 3 for Senior special events like the upcoming Senior Resource Fair and Holiday Market!
Barb Creamer
Dance Fitness for Women

Have you been going to dance fitness since it was invented? Maybe you were a cheerleader or drill team? Ballet, tap or jazz classes? Renew your love of dance! Join Barb Creamer and her lively class and get your groove back. As a certified, trained dance instructor with over 30 years of experience teaching and a lifetime of dance study, Barb will deliver a professionally designed dance fitness experience for active women over 50. This balanced total body workout will explore hip-hop, contemporary jazz, world beat, free style and more. Real dance, real fun. Mat/floor work is optional. For more information contact instructor at bcreamer2012@yahoo.com

Day: Mon, Wed, Fri 4:15pm - 5:15pm
Sep 5 - Sep 28
#13545 4 Classes Fee: $30/$40
#13548 8 Classes Fee: $50/$60
#13549 12 Classes Fee: $70/$80

Oct 1 - Oct 29
#13550 4 Classes Fee: $30/$40
#13551 8 Classes Fee: $50/$60
#13552 12 Classes Fee: $70/$80

Nov 2 - Nov 30
#13553 4 Classes Fee: $30/$40
#13554 8 Classes Fee: $50/$60
#13555 11 Classes Fee: $65/$75

Dec 3 - Dec 21
#13556 4 Classes Fee: $30/$40
#13557 9 Classes Fee: $55/$65

Jan 2 - Jan 30
#13559 4 Classes Fee: $30/$40
#13560 8 Classes Fee: $50/$60
#13561 12 Classes Fee: $70/$80

Location: SCC • Health & Fitness

Curious? Come try a class! Visit the Senior Community Center Customer Service desk, and pay a $10 fee to join a single class. Payment and completed registration form must be submitted to Customer Service prior to attending the class.
Colored Pencil Portraits
Step-by-step instruction is provided on how to draw a human face and figure. Use simple and natural drawing techniques to learn how to construct portraits. Each student will complete at least one drawing which is suitable for framing or giving away. It's recommended that students have some experience in drawing or have taken the Creative Drawing class. There will be a short lunch break for sharing food and thoughts during class. $15 materials fee payable to the instructor on the first day of class if you are a new student.

Classes: 6
Day: Tue 11:00am - 2:00pm
#13879 Nov 6 - Jan 8 • No class 11/13, 11/20, 12/25, 1/1
Fee: $39(R)/$49(N)
Location: SCC • Arts & Crafts Room
Instructor: Suzanne Pershing

Creative Drawing
If you always wanted to draw but thought you couldn’t, this is your class. Come learn the basics of drawing and a different way of looking at the world. “Drawing on the Right Side of the Brain” will teach you how to use your whole brain and become the artist you always wanted to be. $15 materials fee payable to the instructor on the first day of class if you are a new student.

Classes: 8
Day: Tue 11:00am - 2:00pm
#13878 Sep 11 - Oct 30
Fee: $49(R)/$59(N)
Location: SCC • Arts & Crafts Room
Instructor: Suzanne Pershing

Fun with Fresh Flowers
Learn floral design and arrangement with fresh flowers! Beginners and those with prior floral arrangement experience are welcome. Bring your own scissors and/or flower cutters to class if you have them. $15 materials fee is payable to the instructor at the beginning of the class.

Classes: 1
Day: Mon 2:00pm - 4:00pm
#13424 Oct 22
#13425 Nov 19
#13426 Dec 17
Fee: $7(R)/$9(N)
Location: SCC • Arts & Crafts Room
Instructor: Carmelita Rickman

Enhance Fitness
Fall Prevention classes are for seniors 60+ who are at risk for falls. The 1-hour long classes focus on the core areas of balance, strength, flexibility, and cardiovascular endurance. Classes provide socialization, education on fall prevention, and tips on sustaining activity of daily living skills. Enhance Fitness is an evidence-based group exercise program that helps older adults at all levels of fitness become more active, energized, and empowered to sustain independent lives. Class times at the Senior Community Center are on Tuesdays and Thursdays at 10:30am, 11:45am, and 1:45pm. Class times offered at the Marina Community Center are Mondays, Wednesdays, and Fridays at 1:15pm. Please note that students must commit to taking the full program of classes. To inquire about registration and availability, contact Spectrum Community Services, Fall Prevention Program at (510) 881-0300 ext. 270, or email FallPrevention@SpectrumCS.org

Gentle Flow Yoga
A slow, breath driven, beginner friendly class that focuses on alignment and safe movement to lengthen, strengthen and delve deeper into your body. Hands on adjustments and individual attention are provided. Each class begins with a brief meditation. The gentle poses are designed to help reduce pain, stiffness and stress.

Day: Tue 4:00pm - 5:00pm
#13491 Sep 11 - Sep 25*
#13492 Oct 2 - Oct 30 • No Class 10/9
#13493 Nov 6 - Nov 27
#13494 Dec 4 - Dec 18* • No Class 12/25
#13495 Jan 8 - Jan 29 • No Class 1/1
Day: Thu 9:30am - 10:30am
#13496 Sep 13 - Sep 27*
#13497 Oct 4 - Oct 25* • No Class 10/11
#13498 Nov 1 - Nov 29 • No Class 11/22
#13499 Dec 6 - Dec 20* • No Class 12/27
#13500 Jan 3 - Jan 31**
Fee: $18(R)/$23(N)* • Classes 3
$24(R)/$29(N) • Classes 4
$30(R)/$40(N)** • Classes 5
Location: SCC • Health & Fitness
Instructor: Karen Castro, karencastroyoga@gmail.com

Diabetes Self-Management
Designed for seniors living with Type 2 Diabetes. Students will learn the skills to better manage their diabetes. Topics include medication management, blood glucose monitoring, meal planning to control blood sugar, ways to manage stress, get active and prevent complications. This course presented in partnership with Alameda County Public Health and may only be taken only one time! Thereafter, participants are strongly encouraged to attend the semi-monthly Diabetes Support Group. To contact the instructor, please email Rajinder Singh at Rajinder.Singh@acgov.org.

Classes: 7
Day: Thu 10:00am - 12:00pm
#13036 Sep 20 - Nov 1
Latin and Ballroom Dancing
Come join us for some fun Latin & Ballroom Dancing. You will learn various styles of dance, and a whole lot more. No partner is needed to participate.

**Beginning Classes**

**Hustle**
- Classes: 4
- Day: Fri
- Time: 1:00pm - 1:50pm
- #13537 Sept 7 - Sep 28
- Fee: $19(R)/$24(N)

**East Coast Swing** - No Class 10/12
- Classes: 3
- Day: Fri
- Time: 1:00pm - 1:50pm
- #13538 Oct 5 - Oct 26
- Fee: $14.25(R)/$19.25(N)

**Samba** - No Class 11/23
- Classes: 4
- Day: Fri
- Time: 1:00pm - 1:50pm
- #13539 Nov 2 - Nov 30
- Fee: $19(R)/$24(N)

**Bolero**
- Classes: 3
- Day: Fri
- Time: 1:00pm - 1:50pm
- #13880 Dec 7 - Dec 21
- Fee: $14.25(R)/$19.25(N)

**Intermediate Classes**

**West Coast Swing**
- Classes: 4
- Day: Fri
- Time: 2:00pm - 2:50pm
- #13540 Sep 7 - Sep 28
- Fee: $19(R)/$24(N)

**Hustle** - No Class 10/12
- Classes: 3
- Day: Fri
- Time: 2:00pm - 2:50pm
- #13541 Oct 5 - Oct 26
- Fee: $14.25(R)/$19.25(N)

**East Coast Swing** - No Class 11/23
- Classes: 4
- Day: Fri
- Time: 2:00pm - 2:50pm
- #13542 Nov 2 - Nov 30
- Fee: $19(R)/$24(N)

**Samba**
- Classes: 3
- Day: Fri
- Time: 2:00pm - 2:50pm
- #13881 Dec 7 - Dec 21
- Fee: $14.25(R)/$19.25(N)

**Bolero**
- Classes: 4
- Day: Fri
- Time: 2:00pm - 2:50pm
- #13883 Jan 4 - Jan 25
- Fee: $19(R)/$24(N)

**Line Dance with Susie Okada**
This class is an ongoing class designed for first-time dancers. Learn basic steps to beginner dances, and the terminology of various steps of all dances taught. Dance for fun, while exercising your body and mind to a wide variety of music. Please note that classes may build upon each other. However, all steps are reviewed prior to beginning classes.

**Beginner**
- Day: Tue
- Time: 12:30pm - 2:00pm
- #13427 Sep 11 - Sep 25**
- #13428 Oct 2 - Oct 30
- #13429 Nov 6 - Nov 27*
- #13430 Dec 4 - Dec 18** - No Class 12/25
- #13431 Jan 8 - Jan 29* - No Class 1/1
- Fee: $17.50(R)/$22.50(N) • Classes 5
- $14(R)/$19(N) • Classes 4*
- $10.50(R)/$15.50(N) • Classes 3**
Line Dancing with Alice Lo
This class is designed for students to learn basic line dance steps, how to count, get a great workout, make new friends, and have fun. We will learn the Cha Cha, Tango, Waltz, Swing, Jive, and dance to Country Western and Rock n' Roll Music. No partner is required. aliceolinedance@yahoo.com

High Beginner
Day: Fri 9:30am - 11:00am
#13501 Sep 7 - Sep 28
#13503 Nov 9 - Nov 30* • No Class 11/2, 11/23
#13504 Dec 7 - Dec 21** • No Class 12/14, 12/28
#13565 Jan 4 - Jan 25
Fee: $14(R)/$19(N) • Classes 4
$10.50(R)/$12.50(N)* • Classes 3
$7(R)/$9(N)** • Classes 2
Location: SCC • Main Hall B

A Matter of Balance
An eight week structured class that emphasizes practical strategies to reduce fear of falling and increase activity levels. Balance is the key to life! To inquire about registration and availability, contact Spectrum Community Services, Fall Prevention Program at 881-0300 ext. 270, or email FallPrevention@SpectrumCS.org

Classes: 8 Day: Mon 10:30am - 12:30pm
Oct 1 - Dec 10 • No Class 10/22, 11/12, 11/19
Location: SCC • Arts & Crafts Room
Instructor: Spectrum staff

Pull Up A Chair
Get fit while exercising in a chair! Class includes stretching, balance, light resistance training with weights and bands, low-impact exercises, and relaxation. Some optional standing exercises are also included.

Day: Mon 1:15pm - 2:15pm • No class 11/12, 12/24, 12/31, 1/21
#13505 Sep 10 - Oct 29
#13506 Nov 5 - Feb 4*
Fee: $16(R)/$21(N) • Classes 8
$20(R)/$25(N)* • Classes 10
Location: SCC • Health & Fitness
Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Words in Bloom Writer’s Circle
This writing group focuses on the art of expression. Discover your unique voice and possibly hidden talent. No writing experience is required. Registration must take place by the end of the first class; late registrations will not be accepted.

Classes: 7 Day: 1st and 3rd Tuesday of the month 9:00am - 12:00pm
#13472 Oct 2 - Jan 15 • No Class 1/1
Fee: $26(R)/$36(N)
Location: SCC • Meeting Room C
Instructor: Holly Greene

Smartphone Basics for Older Adults
Want to make it easier to use your smartphone? Basic features including placing calls, checking voicemail, using WiFi, and text messaging are covered. Learn about accessibility features such as making fonts larger and increasing call volume in this fun, interactive class! Be sure to register for the course that matches your phone’s operating system. iPhone course will include how to use Siri. Co-sponsored by California Telephone Access Program, an Official State of California Program.

Classes: 1 Day: Mon 10:00am - 12:00pm
iPhone
#13725 Sep 24
#13726 Nov 5
#13727 Jan 7
Android
Classes: 1 Day: Thu 10:00am - 12:00pm
#13728 Oct 4
Classes: 1 Day: Mon 10:00am - 12:00pm
#13729 Dec 3
Location: SCC • Please check receipt for room location
Instructor: California Telephone Access Program (CTAP) staff

ZUMBA Gold
A dynamic dance-fitness program designed for active older adults. ZUMBA Gold incorporates Latin rhythms and music, party flair, and fun to your exercise routine. No previous experience required. Instructor: Kathy Schmidt, kathyschmidt@pacbell.net

Marina Community Center • Multipurpose Room A
Day: Thu 4:00pm - 5:00pm
#13509 Sep 13 - Oct 25
#13510 Nov 1 - Dec 20 • No Class 11/22
#13511 Jan 10 - Feb 7*
Fee: $35(R)/$45(N) • Classes 7
$25(R)/$30(N)* • Classes 5
Senior Community Center • Main Hall A
Day: Mon 4:00pm - 5:00pm
#13507 Sep 10 - Oct 29
#13508 Nov 5 - Feb 4* • No Classes 11/12, 12/24, 12/31, 1/21
Fee: $40(R)/$50(N) • Classes 8
$50(R)/$60(N)* • Classes 10
Senior Travel Troupe Meeting

Have you traveled with us before? Are you new to travel and wanting to try new trips? Come join the Travel Troupe as we discuss the next exciting excursions! Everyone is welcome and new travelers are encouraged to come to learn more! Priority registration for the trips presented at this meeting will be based on the order that you pre-registered. Relax and enjoy the presentations and refreshments!

#13567 Thu, Jan 17 2:00pm - 4:00pm

Explore the many local treasures throughout the Bay Area by registering for one or more of our travel trips! Enjoy a trip close to home, while meeting other seniors in the community who share the same interests as you. Enjoy no membership fees, competitive pricing, and quality excursions made just for you. Register and pay at either the Senior Community Center or the Marina Community Center. All trip costs include admission and transportation. Lunch is not included in the fee, unless otherwise noted. Trips are led by volunteers. Contact us at SLDaytrips@sanleandro.org for questions or concerns.

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Tilden Nature Area

Join us as we visit this 740-acre preserve located just north of Tilden Regional Park. With over 10 miles of hiking trails, the preserve contains a blend of native and introduced plant communities, including oak/bay woodlands, grasslands, eucalyptus forests, and streams. A 750-foot boardwalk through the woods leads to Jewel Lake, a historic reservoir and waterworks, and a peaceful place to watch wildlife. At Tilden Nature Area, one can also find the renowned Environmental Education Center (EEC), headquarters for the area’s interpretive programs, and the historic Little Farm. Bring a bag lunch to enjoy at a picnic table.

#13785 Thu, Oct 4 9:15am - 3:15pm
Fee: $22(R)/$27(N) • No refunds after 9/4/18

Doo Wop Christmas Project

Tracing the evolution of the doo wop sound, from classic street corner harmonies to the top of the radio charts, The Doo Wop Project features stars of Broadway’s smash hits Jersey Boys Motown: The Musical. Their authenticity of sound and vocal excellence recreate and re-imagine favorite melodies of the era, as well as doo wop-inspired renditions of contemporary songs. With their irresistible sound and onstage charisma, they bring the energy and magic of doo wop to a whole new generation of fans and a special touch to the holiday season. Enjoy dinner on your own at one of many eateries in Downtown Livermore.

#13787 Thu, Dec 20 4:15pm - 10:00pm
Fee: $63(R)/$73(N) • No refunds after 11/19/18

California Magic Club

Celebrating 14 years of magical entertainment, the California Magic Club will entertain you as soon as you take your seat. Enjoy a three-course lunch and signature drinks with close-up magic performed right at your table in between courses. Then after dessert, enjoy an hour-long stage show with magical host, Gerry Griffin, who will serve up mysteries with a healthful dose of laughter, accompanied by his friends - the greatest magicians in the world today!

#13786 Thu, Nov 15 10:15am - 5:15pm
Fee: $106(R)/$126(N) • No refunds after 10/15/1

Cache Creek Casino

Cache Creek is Northern California’s premiere casino and resort offers 2,300 slot machines, more than 120 table games, a 14 table poker room, day spa, nine restaurants, and an 18-hole championship golf course. Enjoy lunch on your own at one of the many restaurants within the Casino. Participants will receive a FREE Casino membership card loaded with slot/table credits along with a discount coupon towards food purchase at a participating casino eatery.

#13788 Wed, Jan 23 10:00am - 7:00pm
Fee: $35(R)/$45(N) • No refunds after 12/21/18

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Walking Estimates

- Minimal Walking
- Moderate Walking
- More than Half a Mile
FREE! • Community Education Programs • FREE!
Seniors, family members, caregivers, and friends are welcome to attend Community Education Programs to receive important information on topics and services that relate to seniors. Pre-registration is strongly recommended as space is limited.
All classes are held at the Senior Community Center.

Fall Prevention 101
Celebrate Fall Prevention Month with staff from Spectrum Community Service’s Fall Prevention Program! Topics of discussion will include maintaining and improving balance, the role of medication management in fall prevention, and safety tips. Come in comfortable clothing as there will be a demonstration of key exercises for fall prevention.
#13350 Tue, Sep 4 10:30am - 12:00pm

Renew Alameda County
Renew Alameda County is a new loan program that makes home repairs affordable for low-income seniors. Habitat for Humanity staff will share about the program, common ways local residents might use it, and the process for getting the work completed. There will also be an overview of other Habitat for Humanity programs and resources.
#13886 Thu, Dec 6 1:30pm - 3:00pm

Medicare Open Enrollment Changes for 2019
Prepare for the Medicare Open Enrollment period with information from Legal Assistance for Seniors staff. Topics discussed will include an overview of eligibility, costs, benefits and changes in Medicare Parts A and B, changes to Medicare Part C and Part D plans, and options for supplementing Medicare and getting help with medical costs. Find out how to make the best decisions for yourself during open enrollment.
#13884 Thu, Oct 25 1:30pm - 3:00pm

Estate Planning and More
Do you have questions about effectively planning for your future? A staff attorney from HERA (Housing and Economic Rights Advocates) will explain key concerns regarding planning to help you address your specific situation. Learn more about wills, living trusts, powers of attorney, advance health directives, transfer on death documents for certain types of accounts and more!
#13887 Thu, Jan 24 1:30pm - 3:00pm

Social Programs
The City of San Leandro Senior Services offers many opportunities for active adults to get together for fun activities, great company, games, laughs, good times, dancing, and a safe place to gather. No membership or registration required for all of our social programs.

Book Bunch
Contact Cindy, kayakcindy@yahoo.com, to inquire about the current book selection. Registration not required.
Day: 2nd Thursday of the month 1:15pm - 2:45pm
Location: SCC • Meeting Room C

Silver Screen Theatre
Monthly movie schedules at customer service locations.
Day: Tue 1:00pm Fee: $1
Location: MCC • Thunderbolt Room

Sunshine Seniors
Play Bingo (for non-cash prizes) and socialize.
No meeting: 11/12, 11/21, 12/24, 12/26, 12/31
Day: Mon, Wed 10:00am - 1:30pm Fee: $1
Location: SCC • Meeting Room C

Sunshine Seniors
Play Bingo (for non-cash prizes) and socialize.
No meeting: 11/12, 11/21, 12/24, 12/26, 12/31
Day: Mon, Wed 10:00am - 1:30pm Fee: $1
Location: SCC • Meeting Room C

Sunshine Seniors
Play Bingo (for non-cash prizes) and socialize.
No meeting: 11/12, 11/21, 12/24, 12/26, 12/31
Day: Mon, Wed 10:00am - 1:30pm Fee: $1
Location: SCC • Meeting Room C

Sunshine Seniors
Play Bingo (for non-cash prizes) and socialize.
No meeting: 11/12, 11/21, 12/24, 12/26, 12/31
Day: Mon, Wed 10:00am - 1:30pm Fee: $1
Location: SCC • Meeting Room C

Table Tennis
Known as ‘ping-pong’, table tennis is a great exercise, recreation and social outlet. No pre-registration required.
No games: 10/11, 10/18, 12/27, 12/31, 1/17, 1/21
Day: Mon • 1:30pm - 4:30pm Fee: $1
Location: SCC • Meeting Room D

Wii Seniors Have Fun
Experience Nintendo Wii, a video game that allows players to experience sports and other activities in one place using a handheld remote. Volunteers available to teach and coach.
No games: 11/21, 12/26
Day: Wed 12:00pm - 2:00pm Fee: $1
Location: SCC • Meeting Room D

Knit, Crochet, Sew, Handcrafts
Join other crafters to share techniques and patterns.
Day: Wed 9:00am - 12:00pm
Location: SCC • Arts & Crafts Room

Senior Swingers
Join us for the Waltz, Fox Trot, Rumba and Tango. No partner needed. Admission includes refreshments.
No dance: 11/21, 12/26
Day: Wed 1:30pm - 4:00pm Fee: $3
Location: SCC • Main Hall

Recreational Mahjong
Learn mahjong basics from a volunteer.
No meeting: 10/12, 12/28
Day: Fri 9:30am - 1:30pm Fee: $1
Location: SCC • Meeting Room D

Wii Seniors Have Fun
Experience Nintendo Wii, a video game that allows players to experience sports and other activities in one place using a handheld remote. Volunteers available to teach and coach.
No games: 11/21, 12/26
Day: Wed 12:00pm - 2:00pm Fee: $1
Location: SCC • Meeting Room D
Blood Pressure & Weight Check
Have your blood pressure checked for FREE by health professionals. No registration or appointment required.
Day: 1st Wednesday of the month
9:30am - 12:30pm
Location: SCC • Counseling Office

Chair Massage
Relaxing just 10 minutes a day can greatly reduce stress levels. Treat yourself with a 10 or 15 minute chair massage, and walk away with a relaxation tip from Marie Lehn, R.N., C.A.P. Pre-registration is encouraged. Some same day appointments might be available; please inquire with Customer Service, or book your appointment online at www.sanleandrorec.org.
Day: 3rd Wednesday of the month
#13562 Sep 19, Oct 17, Dec 19, Jan 16
11:00am - 1:00pm
Fee: $10(R)/$12(N) • 10 Minute Massage
$15(R)/$20(N) • 15 Minute Massage
Location: SCC • Counseling Office

Open Computer Lab
FREE access to Internet, E-mail, Word, Excel, PowerPoint, Publisher, and Computer Games. You will need to have basic computer knowledge to use this service, as a volunteer is not always available to assist. Drop in and sign up. First come, first served!
Day: Monday - Friday
12:00pm - 4:30pm
Location: SCC • Computer Lab

Diabetes Support Group
Diabetes can seem overwhelming, especially for those attempting to deal with it by themselves. It is important to have support from family, friends and from other people with diabetes. Relevant topics presented and discussed. Everyone welcome. Drop-in program. No registration is required.
Tuesday, Sep 25, Nov 27, Jan 22
10:00am - 12:00pm
Location: SCC • Meeting Room C

Hands On Help
Do you have trouble using your electronic devices? FREE help is available on a drop in basis - first come, first served. Bring your cell phone, e-reader, laptop, iPod or other music device in for one-on-one gadget tutoring with a volunteer!
Day: Friday
2:00pm - 4:00pm
Location: SCC • Meeting Room C

Health Insurance Counseling
Counseling services are provided by a HICAP (Health Insurance Counseling and Advocacy Program) counselor registered by the California Department on Aging. To make an appointment, please call (510) 839-0393.
SCC: 1st & 3rd Mon of the month 10:00am - 1:00pm
2nd & 4th Thu of the month 10:00am - 1:00pm
MCC: 2nd Thu of the month 2:00pm - 4:00pm

Peer Support for Seniors
Peer Support for Seniors provides an opportunity for seniors to gather on a weekly basis and be heard by their peers without judgment. A Comfort Contract is agreed upon to provide a feeling of safety and confidentiality. Learn valuable listening skills and experience on how to be truly present for each other. Form friendships and experience a sense of belonging. Many different topics of interest are possible, including self-care, personal freedom, creative endeavors, exercise, nutrition, life transitions, independence, grief, and more. Developing hope and a sense of purpose can result in a happier, healthier you!
Day: Wednesday
9:30am - 11:30am • No meeting 11/21, 12/26
Location: SCC • Meeting Room C

Rainbow Seniors
Are you wanting a place where you can feel connected to other LGBTQ older adults 50+? Rainbow Seniors is a safe and confidential space for LGBTQ seniors 50+ to share thoughts, feelings, resources, information, and support to one another! Rainbow Seniors is a drop-in peer group facilitated by trained peers. The group typically enjoys lunch together beforehand at 12:00pm at the Spectrum Lunch Program. Co-sponsored by Lavender Seniors of the East Bay and Pacific Center.
Day: 2nd and 4th Tuesday of the month
12:30pm - 2:00pm • No meeting 12/25
Location: SCC • Meeting Room C

 SENIOR MEALS 60+

Join us for a delicious lunch prepared by Spectrum Community Services, Inc.
Mon, Tue, Thu, Fri • 12:00pm
Wed • 11:45am
Suggested voluntary donation: $3.75

Reservations required. Call 825-9793, between 10:00am and 1:00pm. Call at least 24 hours in advance to make a reservation.
San Leandro FLEX Shuttle

The City of San Leandro offers transportation services for residents ages 60 years old and over and for people 18 years or older with disabilities. The FLEX Shuttle can be accessed from any of the planned stops at specific locations, or along the shuttle bus route within San Leandro. The FLEX Shuttle operates Monday through Friday from 9:00am – 5:00pm. An application must be completed and submitted with required documentation and an annual registration fee of $20.00. Applications can be obtained at the Senior Community Center and the Marina Community Center.

Fee: $20 Annual Registration Fee. After this payment, registered riders use the Flex Shuttle for no additional charge. Note: The FLEX Shuttle does not operate on City Observed holidays and weekends.

The FLEX Shuttle Application is available online. Visit www.sanleandro.org, print, complete, and submit along with the $20 annual fee for the program registration. Documentation is required (e.g., photo ID and PG&E bill) and must be mailed or dropped off to the Senior Community Center. Attn: FLEX Shuttle. Membership card photos must be taken in-person prior to your card being issued.

East Bay Paratransit

East Bay Paratransit provides transportation services within Alameda County to residents with disabilities. Service is provided by AC Transit and BART. For more information, call 287-50900 or 1-800-555-8085.

Central County Taxi Voucher Program

Same day, wheelchair accessible transportation service that provides a limited number of subsidized taxi rides to registered participants of the San Leandro FLEX Program and Hayward Paratransit Program. Vouchers may be purchased for $3.50 per voucher. Each voucher subsidizes up to $14 of taxi meter fare. Riders can purchase a maximum of 150 vouchers per fiscal year. You may obtain applications for the FLEX Shuttle or purchase taxi vouchers at the Senior Community Center or Marina Community Center.

Program funding: The San Leandro FLEX program is funded by Measure B and BB funds, voter-approved ballot measures that set aside a portion of Alameda County Sales tax revenue to fund transportation projects. For more information, visit the Alameda County Transportation Commission website. www.alamedaactc.org

Taxi Voucher Service Includes:
San Leandro (up to Oakland border) San Lorenzo, Castro Valley, Hayward (up to Union City border), and one stop at Kaiser Union City (furthest stop).

FLEX Shuttle

New Member Orientation

The FLEX Shuttle Program now offers FLEX Shuttle orientations for new members by APPOINTMENTS.

New riders will learn how to use the shuttle, review the various routes, how to use a flag stop, rider safety, important phone numbers to have, and more. Riders will be able to ask questions and will leave feeling more comfortable in using the shuttle service.

Email us at SLParatransit@sanleandro.org or call (510) 577-7985 for an appointment.
Seniors 55+
Workforce Re-entry Program
Seniors 55+, prepare to reenter the workforce! Hone your skills in Microsoft Office Word & Excel; prepare a new resume and cover letter; complete a career evaluation assessment; learn how to search and apply for jobs online; and so much more!

Mon – Thu 9:00am – 11:00am
Instructor: Thomas Washington

Cardio Workout
Get fit, meet new people, and have fun while exercising together. This class combines strength and tone exercises, flexibility and balance for improved coordination, and low impact aerobic dance to energetic music for cardiovascular conditioning. Bring your own floor mat and wear supportive, athletic shoes. Hand held weights will be provided.

Wed & Fri 8:40am - 9:35am
Wed & Fri 9:40am - 10:35am
Instructor: Bernie Cowl

T’ai Chi Chuan
In this class we practice Yang style and other t’ai chi chuan forms, t’ai chi fan and short staff forms, and Qigong exercises. Health benefits include improved flexibility, balance and coordination, increased concentration, and relaxation. New and continuing students welcome.

Wed & Fri 11:00am - 12:00pm
Instructor: Mary Ellen Waite

ESL (English as a Second Language)
For Seniors 55+
Learn English for free!

Fri 9:00am – 11:00am
Instructor: SLAS Staff
San Leandro Cares!
Request Your Free City of San Leandro Guide to Health and Human Services
The Health and Human Services Guide is available in both English and Spanish and provides contact information for a full range of social service organizations serving San Leandro, including mental health, housing, legal assistance, disability, alcohol and drug services and much more. Social service information can also be accessed online through the Eden Information & Referral Resource Finder, located at www.alamedaco.info. For a free copy of the Guide to Health and Human Services, call 577-3462.

Youth Advisory Commission
Do you have an opinion about City policies that affect teens? Do you want to get involved and make a difference? Apply to become a member of the Youth Advisory Commission and make teen life in San Leandro a better one! Applicants must be residents of the City of San Leandro and currently enrolled in 9th through 12th grades. For information and an application, call 577-3477.

San Leandro Art Association
Become a member of the San Leandro Art Association. The SLAA is a long standing, non-profit art organization whose purpose is to support emerging, professional and student artists. Our members exhibit and sell their artwork in numerous venues; enjoy best practice art demonstrations in all mediums by distinguished artists; participate in field-trips to major art exhibits throughout the Bay Area; and get informed of many art opportunities through a monthly newsletter. Monthly meetings are at 7:00 p.m. on the second Tuesday of the month at the San Leandro Library. For an application: www.slartassociation.org. For more information: www.slartassociation@yahoo.com.

Arts Council of San Leandro
Support art in San Leandro! Your $15 senior/$24 individual membership in Arts Council of San Leandro will help this nonprofit volunteer group promote visual and performing arts in San Leandro. ACSL events include variety shows, jazz music, gallery exhibits at the library, and artist demonstrations at elementary schools. If you would like to become a member, would like to be one of the paid artists who participate in the school program, or would like to find out about the next event, call 577-7964 or visit: www.artscouncilofsanelandro.com

Need Help? Dial 2-1-1
Eden I & R’s Alameda County Information & Referral Line
24 hours a day/7 days a week • In Multiple Languages/TTY
www.edenir.org
FREE information for services in Alameda County such as: affordable housing, rental and utility assistance, afterschool programs and much more!

SOS/Meals on Wheels San Leandro
SOS/Meals on Wheels San Leandro is a non-profit organization dedicated to feeding homebound seniors in Hayward, San Leandro, San Lorenzo, Castro Valley and parts of East Oakland. Every weekday, about 800 warm, nutritious meals are delivered to seniors who are over 60 years of age and unable to purchase or prepare food for themselves. In addition to transporting the food, Meals on Wheels’ drivers provide daily check-ins for these most vulnerable elders, assistance with small tasks and remembrance on special occasions such as Christmas and Mother’s Day. Visit us at: www.sosmealsonwheels.org.

San Leandro, San Lorenzo, Hayward, Castro Valley call: 582-1263
Oakland call: 460-5855

Project Literacy
Adult & Family Literacy Program
San Leandro Main Library Office Hours:
Mon & Fri         10:00am - 4:30pm
Tue                      Evenings until 8:00pm

What is Project Literacy? Project Literacy provides free tutoring and support for English speaking adults who want to improve reading and writing skills. Trained volunteers are available as tutors for adults age 16 and older who have difficulty with basic skills. Project Literacy welcomes the family by providing monthly story times and free children’s book distribution at the main library and has a wonderful community outreach program that provides literacy services and resources to parents and their children ages 0 - 4 years.

How can you help? Be a tutor! Meet with your student for only 2 hours a week and you will make a valuable difference in their life. Lead a weekly small group session, teach a basic computer class, provide office assistance, be an outreach reader to 3-5 year olds. Receive free training materials, everlasting support and many heartfelt Thank You’s!

The gift of “time” is priceless. Thank you Project Literacy Volunteers! Project Literacy is a grant-funded program operating in conjunction with the City of San Leandro Public Library.
**Resource Guide**

**Child Care**
After School Education and Safety (ASES).................................667-6223

**Counseling**
Davis Street Resource Center..........................................................347-4620
Family Service Counseling Center..................................................483-6715

**Paratransit**
East Bay Paratransit.......................................................................1-800-555-8085
San Leandro Flex Shuttle • Appointments.................................577-7985
Applications..............................................................................577-3462

**Emergency Assistance**
Davis Street Community Center.....................................................347-4620
Emergency Shelter Program..........................................................581-5626
Building Futures with Women & Children.................................1-866-292-9688

**Employment Assistance**
Youth Employment Partnership, Inc.............................................533-3447

**General Social Service Information**
Eden I & R • www.edenir.org.........................................................2-1-1

**Health Services**
AIDS Project East Bay..................................................................663-7958
Alameda Co. Medical Center.........................................................437-4012
Al-Anon (San Lorenzo).................................................................276-2270
Support Groups, Eden Medical Center........................................537-1234
San Leandro Hospital....................................................................357-6500
Pathways Hospice.......................................................................632-4390

**Housing Assistance**
Eden I & R • www.edenir.org.........................................................2-1-1
Housing Authority of Alameda Co................................................538-8876
ECHousing...............................................................................581-9380

**Legal Services**
Bay Area Legal Aid .......................................................................663-4744
Legal Assistance for Seniors.........................................................832-3040

**Marina**
San Leandro Marina.....................................................................577-3488
Boat rentals, launch ramp, & fuel dock

**Senior/Disabled Assistance**
Alameda Co. Area Agency on Aging............................................577-1900
Alzheimer’s Services of the East Bay...........................................268-1410
Community Resources for Independent Living...........................881-5743
DCARA....................................................................................351-3345
Lions Center for the Blind............................................................450-1580
SOS – provides delivered meals to Seniors..................................582-1263
Stepping Stones – Developmental Disabilities.............................568-4168

**Facilities Rentals**
The following facilities are available for rent for meetings, receptions and banquets. For rental information call Customer Service at: 577-3462 or visit our website at: www.sanleandro.org/depts/rec/facilities

- Marina Community Center.......................................................15301 Wicks Blvd.
- San Leandro Senior Community Center.................................13909 E. 14th St.
- Boys and Girls Club Pool.........................................................401 Marina Blvd.
- Farrelly Pool..............................................................................864 Dutton Ave.
- San Leandro Family Aquatic Center (seasonal).........................14900 Zelma St.

**Also Available for Rent**
- Parks, Fields and Tennis Courts..............................................577-3462
- San Leandro Marina Boat Rentals............................................577-3488
- San Leandro Main Library Rooms..........................................577-3970

**Graffiti**

*We Need Your Help with Vandalism and Graffiti*
Every year the City spends valuable time and resources removing graffiti from our City parks. We need the community to get involved and report any acts of vandalism, graffiti or suspicious activity.

**POLICE DEPARTMENT**
911............. Emergency situations only
577-2740 .... Non Emergency Police

**PUBLIC WORKS DEPARTMENT**
577-3440 .... Report broken playground and park equipment
577-3448 .... Report graffiti in your neighborhood
577-3400 .... After hours message line to report graffiti, street light outages, abandoned shopping carts, potholes, street tree issues or other maintenance requests.

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Volunteer Opportunities

For information about volunteer opportunities with the City of San Leandro and local nonprofit organizations go to the Recreation and Human Services Department section of the City’s website at www.sanleandro.org

Casa Peralta Docents
Age 18 years & up
We need your help with this San Leandro historic treasure! Free training and handbook will prepare you to act as a guide for visitors to this Historic House Museum. Learn about Rancho San Antonio and the proud Peraltas whose vast cattle ranch once spread over 44,000 acres of the East Bay. Call Patty Mallari at 577-3975.

Community Library
Teens – For ages 14 to 18 in 9th to 12th grades
Volunteering at the Library is a great way to gain experience and earn community service hours. Volunteers are needed year-round and are assigned one shift per week (between 2 to 4 hours). For more information and to apply to be a teen volunteer, visit the Library’s teen webpage. It is highly recommended that your teen is responsible for all correspondence regarding the Teen Volunteer Program; starting with the application process and continuing throughout their volunteer service. This program strives to prepare your child for his/her first job. When at all possible, please ask your teen to call, email, organize, and initiate!
Adult • For ages 18 years & up
Adult volunteer positions include shelving, bookstore cashier and gift shop greeter and a variety of other library tasks. You should be in good physical shape and enjoy working with the public. For an update on volunteer positions, call the Main Library at 577-3986 or Manor Branch at 577-7963.

Computer Tutors
Age 18 years & up
The library is recruiting volunteers with experience using the World Wide Web to demonstrate Internet basics to patrons. For information, call Patty Mallari at 577-3975.

City Hall Office Volunteers
Age 18 years & up
Provide supplemental support for various departments at City Hall. Volunteers should enjoy working in a busy office environment. Routine tasks include preparing mailings, answering telephones, copying materials and other miscellaneous jobs. For a city volunteer application, go to: www.sanleandro.org/depts/rec/volunteer.asp

Human Services
Age 14 years & up
There are many community-based organizations that serve San Leandro residents and could use your volunteer help. Would you like to volunteer at a food bank or help persons with Alzheimer’s or youth with disabilities? The Recreation and Human Services Department can connect you with organizations that can use your help. For an updated listing of organizations go to: www.sanleandro.org/depts/rec/volunteer.asp

Become part of our team!
Join the City of San Leandro’s Recreation and Human Services Department for exciting job opportunities!

Fun and dynamic jobs are available in:
• Aquatics
• Sports & Teen Programs
• Customer Service
• Youth Programs
• Parks and Facilities
• Senior Services

Applications and job descriptions are available online. Visit: www.sanleandro.org/depts/hr/employment_opportunities

Employment Opportunities

Fall/Winter 2018-19
**CUSTOMER SATISFACTION PLEDGE**

Your satisfaction is important to us!

If you are not satisfied with our program, please notify customer service prior to the second class meeting at 577-3462 or email: Reccustomerservice@sanleandro.org.

**General Cancelation Policy:** A $5.00 refund fee will be charged for any withdrawals prior to the start of a program. Some programs incur costs before the first day of the program and refunds will be minus those costs.

**Exception:** Refunds for cancellation of Aquatics programs will only be offered up until 7 days prior to the first class.

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**Online Registration**
For San Leandro Residents begins
**Thursday, August 30**
For Nonresidents
**Thursday, September 6**
Log on to:
www.sanleandrorec.org

**Mail-in Registration**
For San Leandro Residents begins
**Thursday, August 30**
For Nonresidents
**Thursday, September 6**
Send completed form and payment (no cash) to:
San Leandro Recreation and Human Services
Department
13909 E. 14th Street
San Leandro, CA 94578

**Walk-in Registration**
For San Leandro Residents begins
**Thursday, August 30**
For Nonresidents
**Thursday, September 6**
Marina Community Center
15301 Wicks Blvd.
M - F • 11:30am - 7:00pm
Sat • 10:00am - 2:00pm
Closed Sunday
Senior Community Center
13909 E. 14th St.
M - F • 8:30am - 5:00pm

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**General Information**
- You must pre-register for all classes
- Make checks payable to the City of San Leandro
- There is a $25 fee for returned checks
- Customer Service is here to help you. Direct any questions to our staff at 577-3462 or email: Reccustomerservice@sanleandro.org
- Classes not reaching minimum enrollment requirements will be cancelled and enrollment fee refunded
- Registration with incomplete forms or incorrect payment will be returned
- Fees are noted as:
  - (R) for San Leandro (incorporated area) resident
  - (N) for nonresidents of the City of San Leandro
- Course fees are not prorated due to late enrollment, holidays, or absences.

**Customer Service Hours**
Marina Community Center (MCC)
Mon - Fri • 11:30am - 7:00pm
Sat • 10:00am - 2:00pm
Sun • Closed

Senior Community Center (SCC)
Mon - Fri • 8:30am - 5:00pm

**Email Address**
We will be asking for your e-mail address when you register for classes. Your address will be used to contact you with updates, bulletins and special event notices. We will not sell or share your address. You will always have the option to opt out of our address list.

**REC Link Program/Senior Subsidy**
The purpose of this program is to provide financial assistance so that economically disadvantaged families/individuals can participate in recreational programs.

**Program Eligibility Requirements:**
- Must be a San Leandro resident (incorporated area)
- Must be 17 years old or younger/seniors 50 and older
- Household verified income must meet guidelines established by the U.S. Department of Housing and Urban Development.

Applications are available at the Marina Community Center and Senior Community Center.

*City of San Leandro Non-Residents: Customers living in the unincorporated area of San Leandro do not pay taxes to the City of San Leandro, therefore are charged the non-resident rate.
# Activity Registration Form

Is this your first time registering for a SLRHS program? □ Yes (complete all sections and sign) □ No (if no, complete box 2 and sign)

## 1 Primary Household Contact

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Gender (Circle)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Address</th>
<th>Apt. #</th>
<th>City</th>
<th>Zip</th>
</tr>
</thead>
<tbody>
<tr>
<td>(______)</td>
<td>(____)</td>
<td>(______)</td>
<td>______ / ______ / ______</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Phone/Main</th>
<th>Cell</th>
<th>e-mail (required)</th>
<th>Birthdate (mm/dd/yy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(______)</td>
<td>(____)</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Emergency Contact Name</th>
<th>Phone</th>
<th>Relationship</th>
</tr>
</thead>
</table>

## 2 Participant Information

### First & Last Name

<table>
<thead>
<tr>
<th>Birthdate (mm/dd/yy)</th>
<th>Gender (circle)</th>
<th>Course #</th>
<th>Fee:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>M / F</td>
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<tr>
<td></td>
<td>M / F</td>
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<td>M / F</td>
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<tr>
<td></td>
<td>M / F</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Total

## 3 Please answer the following optional questions:

Self-identify your race/ethnicity?

- African American
- Native American
- Asian
- Filipino
- Hispanic or Latino
- Pacific Islander
- White Not Hispanic
- Two or more races
- Other ___________________
- Decline to state

Check the primary language used in your household.

- English
- Spanish
- Cantonese
- Filipino or Tagalog
- Vietnamese
- Arabic
- Mandarin
- Other ___________________
- Decline to state

How many people live in your household? _________

Please check your annual household income group.

- $0 - $41,000
- $41,001 - $62,000
- $62,001 - $74,000
- $74,001 - $95,000
- $95,001 - $123,000
- $123,001 - $148,000
- $148,000 +
- Decline to state

## Release of Liability

I, the undersigned, in consideration of participation in the program(s) listed above, agree to indemnify and hold the City of San Leandro harmless, and release the City and its employees and agents from any and all liability for any injury or loss which may be suffered by the above named individual(s) arising out of or in any way connected with participation in the above program(s). I acknowledge that San Leandro takes photographs or other recordings of its activities and events for publicity and authorize the use of my image by the City.

Signature: __________________________ Date: __________________________

Registrant’s signature (Parent or guardian if under 18 years of age)
Payment Information

Amount enclosed: $__________

☐ Check #: ___________________ Driver’s License #: ___________________
(make checks payable to City of San Leandro)

☐ Cash: (in person only)

☐ Credit: (online at www.sanleandrorec.org or in person only)

Your satisfaction is important to us!

If you are not satisfied with our program, please notify customer service prior to the second class meeting at 510-577-3462.

General Cancellation Policy: A $5.00 Refund Fee will be charged for any registration withdrawals prior to the start of a program. After the first day of a program, fees will be refunded minus any costs incurred, which may include materials, supplies, and/or a daily portion of the program fee.

Exceptions: Refunds for cancellation of Aquatics programs will only be offered up until 7 days prior to the first class.

General Information

• Customer service is here to help you. Direct any questions to our staff at 510-577-3462
• You must pre-register for all classes
• Make checks payable to the City of San Leandro
• There is a $25 fee for returned checks
• Classes not reaching minimum enrollment requirements will be cancelled and enrollment fee refunded
• Registration with incomplete forms or incorrect payment will be returned
• Fees are noted as:
  (R) for San Leandro resident (incorporated area)
  (N) for non-residents of the City of San Leandro*

Course fees are not prorated due to late enrollment, holidays or absences.

CUSTOMER SERVICE HOURS

Marina Community Center (MCC)
Mon – Fri • 11:30am – 7:00pm
Sat • 10:00am – 2:00pm

Senior Community Center (SCC)
Mon – Fri • 8:30am – 5:00pm

Email Address

Your email address is required when you register for classes. Your email address will be used to contact you with updates, bulletins and special event notices. We will not sell or share your address. You will always have the option to opt out of our email list.

REC Link Program/Senior Subsidy

The purpose of this program is to provide financial assistance to families/individuals in need so they can participate in recreational programs.

Program Eligibility Requirements:

• REC Link participants must be 17 years old or younger
• Senior Subsidy participants must be age 50 and older
• Must be a San Leandro resident (incorporated area)
• Household verified income must meet guidelines established by the U.S. Department of Housing and Urban Development
• Applications are available at Customer Service locations

*City of San Leandro non-residents: Customers living in the unincorporated area of San Leandro do not pay taxes to the City of San Leandro, therefore are charged the non-resident rate.

Please submit this form together with payment to one of our Customer Service locations or mail to:
Activity Registration, San Leandro Recreation and Human Services, 13909 E. 14th Street, San Leandro, CA 94578
Departamento de Recreación y Servicios Humanos  
(510) 577-3462 • www.sanleandrorec.org

Formulario de Registración

Por favor seleccione uno:
- Registante Nuevo (complete formulario por completo)
- Cambio en Archivos (Si no han ocurrido cambios en la caja 1, solo es necesario completar la caja 2)

<table>
<thead>
<tr>
<th>Información del Hogar</th>
<th>Género (Círculo)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Apellido</strong></td>
<td><strong>Primer Nombre</strong></td>
</tr>
<tr>
<td><strong>Dirección</strong></td>
<td><strong># de Apt.</strong></td>
</tr>
<tr>
<td>( )</td>
<td>( )</td>
</tr>
<tr>
<td><strong>Ciudad</strong></td>
<td><strong>Correo electrónico</strong></td>
</tr>
<tr>
<td></td>
<td>(requerido)</td>
</tr>
<tr>
<td><strong>Número telefónico de casa</strong></td>
<td><strong>Celular</strong></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Contacto de Emergencia</strong></td>
<td><strong>Número de Teléfono</strong></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Fecha de Nacimiento</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Nombre del participante</th>
<th>Fecha de nacimiento</th>
<th>Género (círculo)</th>
<th># de curso</th>
<th>Precio:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Primer nombre y apellido</strong></td>
<td></td>
<td>M / F</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Por favor, conteste las siguientes preguntas opcionales:

- Favor de Auto-identificar su raza/origen étnico
- Compruebe el idioma principal que se utiliza en su hogar.
- ¿Cuántas personas viven en su hogar? _______
- Por confirmar su grupo de ingresos anuales del hogar.
- Otro __________
- Renunciar a exponer

Renuncia de Responsabilidad: Yo, el abajo firmante, en consideración de la participación en el (los) programa(s) mencionado(s) arriba, libre y dejo a salvo a la Ciudad de San Leandro y mantengo a la Ciudad y a sus empleados y agentes actuando en su nombre libres de cualquier y toda obligación por cualquier lesión, daño, perdida y/o gastos que pueden ser sufridos, incluyendo gastos de abogados, médicos y costos legales, por el (los) individuo(s) mencionado(s) arriba surgiendo fuera de o en cualquier manera conectada con la participación en el (los) programa(s) mencionado(s) anteriormente. Reconozco que San Leandro toma fotografías y grabaciones de sus actividades y acontecimientos para la publicidad y autorizo el uso de mi imagen por la Ciudad.

Firma: __________________________ Fecha: __________________________

37
Información de pago
Cantidad adjunta: $__________

Cheque #: ________________  Licencia de Conducir #: ____________
(Haga cheques a nombre de la Cuidad de San Leandro)

Efectivo: (sólo en persona)

Crédito: (por internet en www.sanleandrorec.org o sólo en persona)

Su satisfacción es importante para nosotros!
Si no está satisfecho con nuestro programa, por favor avise al servicio de atención al cliente antes de la segunda reunión de la clase en el 510-577-3462.
General de Política de cancelación: Un cargo de reembolso de $ 5.00 se cobrará por cualquier retiro de registro antes del inicio de un programa. Después del primer día de un programa, los honorarios serán devueltos menos los gastos incurridos, que puede incluir materiales, suministros y/o una porción diaria del costo del programa.
Excepciones: Los reembolsos por cancelación de Programas acústicos solamente se ofrecerán hasta 7 días antes de la primera clase.

Información General
• El servicio al cliente está aquí para ayudarle. Favor de dirigir cualquier pregunta a nuestro personal en 510-577-3462
• Usted debe pre-registrarse para todas las clases
• Hacer cheques a nombre de la Ciudad de San Leandro
• Hay una tarifa de $25 por los cheques devueltos
• Las clases no alcanzan los requisitos mínimos de inscripción serán canceladas y devolverá la cuota de inscripción
• Registro será devuelto con formas incompletas o pago incorrecto
• Las tarifas se indican como:
  (R) Para el residente de San Leandro (área incorporada)
  (N) Para los no residents de la Cuidad de San Leandro*

El precio del curso no se prorratea debido a la inscripción tardía, las vacaciones o ausencias.

Horario de Atención al Cliente

Marina Community Center (MCC)
Mon – Fri • 11:30am – 7:00pm
Sat • 10:00am – 2:00pm

Senior Community Center (SCC)
Mon – Fri • 8:30am – 5:00pm

Correo Electrónico
Su dirección de correo electrónico se requiere cuando se registra para las clases. Su dirección de correo electrónico será utilizada para contactarlo con actualizaciones, boletines y avisos de eventos especiales. No vamos a vender o compartir su dirección. Usted siempre tendrá la opción de optar por nuestra lista de correo electrónico.

Programa de REC Link / Subvención para Seniors
El propósito de este programa es proporcionar asistencia financiera a las familias/personas necesitadas para que puedan participar en programas recreativos.

Requisitos de elegibilidad del programa:
• REC participantes Link deben tener 17 años de edad o menos
• Los participantes de subvenciones de Seniors deben ser mayores de 50 años
• Debe ser residente de San Leandro (área incorporada)
• El ingreso del hogar verificado debe cumplir con las pautas establecidas por el Departamento de Vivienda y Desarrollo Urbano de EE.UU.
• Las solicitudes están disponibles en puntos de atención

* Ciudad de San Leandro no residentes: Los clientes que viven en el área no incorporada de San Leandro no pagan impuestos a la Ciudad de San Leandro, por lo tanto, se les aplica la tasa de no residente.
# PARK INFORMATION

<table>
<thead>
<tr>
<th>PARK</th>
<th>Capacity</th>
<th><em>Free-Resident/Non-Resident</em></th>
<th>Inflatable Allowed</th>
<th>Play Apparatus</th>
<th>Picnic Tables</th>
<th>Barbecues</th>
<th>Restrooms</th>
<th>Baseball Field</th>
<th>Tennis Courts</th>
<th>Electricity</th>
<th>Basketball</th>
<th>Soccer Field</th>
<th>Softball Field</th>
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<tbody>
<tr>
<td>Bonaire Park/5.4 acres</td>
<td></td>
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<td></td>
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<td></td>
<td>N</td>
<td>Y</td>
<td>N</td>
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<tr>
<td>14841 Juniper @ Sagewood</td>
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<td>Y</td>
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<tr>
<td>Pods 1 &amp; 2</td>
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<td>N</td>
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<td>Pods 3 &amp; 4</td>
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<td>N</td>
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<tr>
<td>All 4 Pods</td>
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<tr>
<td>Chabot Park/10.5 acres</td>
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<tr>
<td>Cherry Grove Park/4 acres</td>
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<tr>
<td>1600 Williams @ Leonard</td>
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<td>N</td>
<td>Y</td>
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<tr>
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<td>N</td>
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<td>N</td>
<td>Y</td>
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<tr>
<td>Floresta Park/1 acre</td>
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<td></td>
<td>N</td>
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<tr>
<td>Lawn</td>
<td>60</td>
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<td></td>
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<td>N</td>
<td>Y</td>
<td></td>
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</tr>
<tr>
<td>Play</td>
<td>60</td>
<td>$136/205</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>N</td>
<td>Y</td>
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<tr>
<td>Grover Cleveland Park/1 acre</td>
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<td></td>
<td>N</td>
<td>Y</td>
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</tr>
<tr>
<td>862 O’Donnell Street</td>
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<td></td>
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<td></td>
<td></td>
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<td>N</td>
<td>Y</td>
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<tr>
<td>Rear</td>
<td>15</td>
<td>$60/90</td>
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<td>N</td>
<td>Y</td>
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<tr>
<td>Play</td>
<td>15</td>
<td>$60/90</td>
<td></td>
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<td></td>
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<td></td>
<td>N</td>
<td>Y</td>
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<tr>
<td>Halcyon Park/5 acres</td>
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<td></td>
<td>N</td>
<td>Y</td>
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</tr>
<tr>
<td>1220 147th Avenue @ Western</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td>N</td>
<td>Y</td>
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<tr>
<td>Area 1 (Playground)</td>
<td>50</td>
<td>$136/205</td>
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<td></td>
<td>N</td>
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*San Leandro Business/Non-San Leandro Business rates apply. Please call (510) 577-3462 for rates.*
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*San Leandro Business/Non-San Leandro Business rates apply. Please call (510) 577-3462 for rates. Some sports fields may be locked venues. Additional reservations are required for organized sports and use of these fields.