



Volunteer Opportunities

The following list of volunteer opportunities and resources has been compiled by the City of San Leandro Recreation and Human Services Department. Please contact the organizations or noted City departments directly for more information.

This information can be found on our web site: www.sanleandro.org.

CITY OF SAN LEANDRO -Volunteer Opportunities

<p>Civic Center (City Hall) 835 East 14th Street San Leandro CA 94577 510-577-6046</p>	<p>Adults 18+</p> <p>City Hall office assistance.</p>
<p>San Leandro Main Library Teen Volunteers (14 – 17 yrs) 510-577-3955</p> <p>Adult Volunteers (18+) 510-577-3986 (Main Library) 510-577-7964 (Manor Branch)</p> <p>Friends of the Library Bookstore Gift Shop 510-577-3986</p> <p>Internet/Computer Volunteers (17+ yrs) 510-577-3975</p>	<p>Teens 14+ and Adults</p> <p>The beautiful Main Library could use your help! Adults may volunteer in the Friends of the Library Bookstore and/or Gift Shop. Volunteers may also assist in the children’s department, shelving books, and a variety of other library tasks. You should be in good physical shape and enjoy working with the public. The Library is recruiting volunteers with experience using the World Wide Web to demonstrate Internet basics to patrons.</p>
<p>Casa Peralta Docents 384 West Estudillo Avenue San Leandro CA 94577 510-577-3975</p>	<p>Adults 18+ We need your help with this San Leandro historic treasure! Free training and handbook will prepare you to act as a guide for visitors to this Historic House Museum. Learn about Rancho San Antonio and the proud Peraltas whose vast cattle ranch once spread over 44,000 acres of the East Bay.</p>
<p>Senior Services Recreation and Human Services Dept Senior Community Center 510-577-7990</p>	<p>Adults 18+</p> <p>Help with a variety of programs and services for seniors at the Senior Community Center.</p>
<p>San Leandro Police Department RSVP (Retired Senior Volunteer Program) 510-577-3222</p>	<p>Assist the Police Department with a variety of activities.</p>

COMMUNITY BASED ORGANIZATIONS

Volunteer Opportunities

<p>Alzheimer's Services of the East Bay 561 A Street Hayward, CA 510-888-1411 www.aseb.org</p>	<p>Adults 18+ Assist with adults that have Alzheimer's disease. Lead group activities related to art, gardening, history, etc. Share your special talents.</p>
<p>Alameda County Library-Extension Services 2450 Stevenson Blvd. Fremont, CA 510-745-1477 www.aclibrary.org</p>	<p>Homeward Bound Program volunteers take books, magazines, books on CD and other library materials to those who are homebound and living in skilled nursing facilities, senior communities or in their own homes in Alameda County. Visits are usually once a month. The time commitment is approximately 2 to 4 hours per month. This includes, travel time, material selecting and delivery. We ask for a commitment of 6 months.</p>
<p>Alameda County Community Food Bank 510-635-3663 ext. 308 www.accfb.org</p>	<p>Assist with warehouse and office activities. General office work and emergency food hotline assistance, food sorting, organize a Food Drive.</p>
<p>American Cancer Society 800-227-2345 www.cancer.org</p>	<p>Provide rides and support to cancer patients.</p>
<p>American Red Cross (Bay Area Chapter) – Volunteers www.bayarea-redcross.org/topnav/vol/vol.html</p>	<p>The American Red Cross works with communities, providing relief to people who have suffered a disaster.</p>
<p>Bay Area Hiker – Outdoor Volunteer www.bahiker.com/volunteerlink.html</p>	<p>Bay Area Hiker – the volunteer opportunities page lists a number of outdoor organizations with frequent volunteer days.</p>
<p>Big Brothers Big Sisters of the East Bay 510-836-8713 www.bbbsba.org</p>	<p>Provide nurturing relationships to children in need of support.</p>
<p>Broadmoor Preschool 510-569-5327 www.broadmoorpreschool.org</p>	<p>Working with children, cleaning, various office tasks</p>
<p>Building Futures with Women & Children 510-357-0205 ext. 206 www.bfwc.org</p>	<p>Assist with several shelter programs serving homeless women and children.</p>
<p>CALICO Center 524 Estudillo Avenue San Leandro, CA 94577 510-895-0702 www.calicocenter.org</p>	<p>Adults 18+ Assist with office duties such as filing, word processing. Assist children with snacks and games.</p>
<p>California Mentor Foundation www.calmentorfoundation.org</p>	<p>Search for local mentoring organizations and opportunities.</p>

<p>Child Assault Prevention Training Center 510-268-3770 ext. 108 www.ebac.org/help/volunteer</p>	<p>A program of East Bay Agency for Children to provide personal safety/youth violence prevention education workshops in schools and the community.</p>
<p>Children's Fairyland 510-238-6878 ext. 2 www.fairyland.org/get-involved/volunteer</p>	<p>Arts, crafts, special events, gardening, many different opportunities</p>
<p>Children's Hospital Oakland 510-428-3471 www.childrenshospitaloakland.org/main/volunteer</p>	<p>Work with sick or injured children. Daytime and nighttime opportunities available.</p>
<p>Community Child Care Coordinating Council of Alameda County (4Cs) 510-582-2182 http://4c-alameda.org</p>	<p>Assist low-income working families with the preparation of their tax returns.</p>
<p>CRIL (Community Resources for Independent Living) 510-881-0218 www.crilhayward.org</p>	<p>Adults 18+ General office assistance.</p>
<p>Crisis Support Services of Alameda County 510-550-8240 (business line) 800-309-2131 (crisis line) www.crisissupport.org</p>	<p>Crisis Support Mission: To offer support to people of all ages and backgrounds during times of crisis, to work to prevent the suicide of those who are actively suicidal, and to offer hope and caring in times of hopelessness.</p>
<p>Davis Street Family Resource Center 3081 Teagarden Street San Leandro, CA 94577 510-347-4620 ext. 119 or 120 www.davisstreet.org</p>	<p>Help with community projects: food drives, special events, special holiday programs. General office assistance. Assist with Earned Income Tax Credit Program.</p>
<p>DCARA (Deaf Counseling and Advocacy) 510-343-6670 www.dcara.org</p>	<p>Youth 14+ and Adults General office assistance and maintenance</p>
<p>East Bay Regional Park District 2950 Peralta Oaks Court, P.O. Box 5381 Oakland, CA 94605 510-562-PARK 510-633-0460 TDD www.ebparks.org/getinvolved/volunteer</p>	<p>Participate in annual events such as Coastal Cleanup Day and Tree Planting Day, work in the Adopt-A-Trail Program, with Trail Safety Patrol groups, and with the Helicopter/EMT program.</p>
<p>Eden I & R 510-537-2710 www.edenir.org</p>	<p>Help low-income or homeless victims of domestic violence find affordable housing, emergency shelter.</p>
<p>East Bay SPCA 510-563-4639 eastbayspca.org/volunteer/</p>	<p>Volunteer opportunities include dog walking, grooming, adoption counseling, and fostering animals.</p>
<p>Friendly Visiting Program (Bay Area Community Services)</p>	<p>Visit a homebound senior one or two hours each week.</p>

<p>1814 Franklin Street, Suite 400 Oakland, CA 94612 510-601-1074 www.bayareacs.org</p>	<p>Volunteer training provided.</p>
<p>Friends of San Leandro Creek 510-577-6069 www.fslc.org</p>	<p>Help restore and preserve San Leandro Creek.</p>
<p>Girls Inc. of Alameda County 510-357-5515 ext. 220 www.girlsinc-alameda.org/getInvolved/volunteer</p>	<p>Assist with after-school enrichment programs for girls. Mentor girls in after school enrichment and empowerment programs.</p>
<p>Jewish Family and Children's Services of the East Bay 510-704-7475 www.jfcs-eastbay.org/volunteers</p>	<p>Help newly arrived refugees from Russia, Afghanistan, Bosnia, Cambodia, Laos, and Vietnam or provide companionship in an elderly person's life.</p>
<p>Kaiser Permanente 2500 Merced St. San Leandro, CA 94577 510-454-3078 kp.org/sanleandro/volunteerservices</p>	<p>Volunteers at the Kaiser Permanente San Leandro Medical Center provide compassionate, caring service to patients, visitors, members and staff. Volunteers Ambassadors are placed at our Welcome Desks, Post Anesthesia Care Unit, Emergency Department and various locations. Check our website for our next information session or call 510-454-3078 for details.</p>
<p>Kiwanis Club of San Leandro 2777 Alvarado Street, Suite K San Leandro, CA 94577 510-483-8770 ext. 46</p>	<p>Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.</p>
<p>Lavender Seniors (Bay Area Community Services) 1814 Franklin Street, Suite 400 Oakland, CA 94612 510-667-9655 www.lavenderseniors.org</p>	<p>Help work with socially isolated gay, lesbian, bisexual, or transgendered seniors.</p>
<p>League of Women Voters Eden Chapter 510-538-9678 www.lwvba-ca.org</p>	<p>Organize for informed and active participation in government, influence public policy through education and advocacy.</p>
<p>Medshare 2937 Alvarado Street San Leandro, CA 94577 510-567-7070 www.medshare.org/volunteer</p>	<p>Help sort and pack medical supplies to get them to people who desperately need them.</p>

<p>National Women's Political Caucus Alameda County North 510-452-1600 www.nwpcan.org</p>	<p>Help increase women's participation in the political process.</p>
<p>Oakland Zoo 510-632-9525 www.oaklandzoo.org/volunteer.php</p>	<p>Volunteer opportunities at the zoo for ages 16+. Office tasks, cleaning, helping visitors</p>
<p>Optimist Club of San Leandro 13730 East 14th St. #113 San Leandro, CA 94578 510-357-2828 www.optimist.org</p>	<p>Volunteer for community service projects in San Leandro.</p>
<p>Parental Stress Service 510-632-6942 www.psshelpps.org</p>	<p>Staff crisis hotline; respond to calls regarding child protection reports.</p>
<p>Project Literacy San Leandro Public Library 510-577-3944 www.sanleandro.org/depts/library</p>	<p>Teach reading to adults.</p>
<p>Project Open Hand 510-622-0222 www.openhand.org/join-us/volunteer</p>	<p>Youth 15 + and Adults Provide meals to seniors and people with HIV/AIDS.</p>
<p>Rotary Club of San Leandro P.O. Box 1052 San Leandro, CA 94577 www.sanleandrorotary.com</p>	<p>Provide community service to both local and international communities.</p>
<p>San Leandro Art Association (SLAA) P.O. Box 3066 San Leandro, CA 94578 www.slartassociation.org</p>	<p>Help encourage, assist, and present San Leandro artists.</p>
<p>San Leandro Boys & Girls Club 401 Marina Blvd. San Leandro, CA 94577 510-483-5581 www.bgcsl.org</p>	<p>Donate your care; assist with after school enrichment programs.</p>
<p>San Leandro Historical Society P.O. Box 1046 San Leandro, CA 94577 510-969-0975 www.sanleandrohistory.org</p>	<p>Help preserve and promote San Leandro's history.</p>
<p>San Leandro Hospital 13855 East 14th St.</p>	<p>Volunteers play a variety of vital roles at the San Leandro Hospital including: greeting patients/visitors, delivering</p>

San Leandro, CA 94578 510-667-4501 www.sanleandrohospital.com/about-us/ways-give	flowers, mail newspapers to patients, staffing the gift shop and errands for hospital staff.
San Leandro Lions Club P.O. Box 3725 San Leandro, CA 94578 www.sanleandrolionsclub.com	Participate in community service projects and fundraisers.
San Leandro Schools 510-677-3500 www.sanleandro.K12.ca.us	Many different volunteer opportunities
Senior Helpline Services 510-928-7433	Drive a local senior to medical appointments or to get groceries.
SOS/Meals on Wheels San Leandro www.sosmealsonwheels.org	Volunteer drivers are needed to deliver nutritious meals to seniors. In addition to transporting the food, drivers provide a daily check-in for these most vulnerable elders, assistance with small tasks, and remembrance on special occasions.
Sulphur Creek Nature Center 1099 E. Street Hayward, CA 94541 510-881-6700 www.haywardrec.org/183/volunteer	Working with rescued animals
YMCA of the East Bay 2330 Broadway Oakland, CA 94612 510-451-8039 www.ymcaeastbay.org	Volunteer to help at a special event, or share a skill or hobby with kids at summer camp.

VOLUNTEER RESOURCES

Bay Area Volunteer Information Center www.volunteerinfo.org	Information about volunteer opportunities in the Bay Area.
Craigslist www.craigslist.org/eby/vol	Volunteer opportunities in the East Bay.
Daily Review "Community Connections" 510-293-2490 Fax	Published in Local section of Wednesday Editions

<p>East Bay Volunteer Opportunities www.volunteerinfo.org/eastbay.htm</p>	<p>Volunteer opportunities in Alameda County.</p>
<p>Hands on the Bay Area www.communityimpact.org</p>	<p>Hands of Bay Area volunteers help address the needs of more than 300 community based organizations in a wide variety of volunteer opportunities.</p>
<p>The Volunteer Center www.helpnow.org</p>	<p>Center staff and volunteers provide training, technical assistance and presentations to organizations interested in volunteerism and volunteer management.</p>
<p>VolunteerMatch www.volunteermatch.org/index.jsp</p>	<p>Post or find volunteer opportunities throughout the country.</p>